Toronto metro
Your essential daily news | TUESDAY, JULY 21, 2015

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TOO BIG TO MISS

TODAY'S ACTION • TUESDAY, JULY 21

SPORT

TICKETS STILL AVAILABLE

MEN'S & WOMEN'S ATHLETICS
10 a.m. – Medal Rounds
6 p.m. – Medal Rounds
CIBC Pan Am/Parapan Am Athletics Stadium

MEN'S BASKETBALL
10:30 a.m. – BRA vs PUR • MEX vs ARG
6 p.m. – DOM vs CAN • USA vs VEN
Ryerson Athletic Centre

WOMEN'S BASEBALL
3 p.m. – CUB vs PUR • CAN vs VEN
President's Choice Ajax Pan Am Ballpark

MEN'S & WOMEN'S BEACH VOLLEYBALL
9 a.m. – Preliminary Rounds
3 p.m./8 p.m. – Medal Rounds
Chevrolet Beach Volleyball Centre

MEN'S FOOTBALL (SOCCER)
5:30 p.m. – TTO vs MEX • URU vs PAR
CIBC Hamilton Pan Am Soccer Stadium

CULTURE

LORRAINE KLAASEN
CIBC PAN AM PARK
5:30 p.m.
FREE

CHARLES BRADLEY & HIS EXTRAORDINAIRES
NATHAN PHILLIPS SQUARE
9:45 p.m.
FREE

THE BIG 'WHAT NOW?' BY SANDRA SHAMAS
YOUNG CENTRE FOR THE PERFORMING ARTS | 8 p.m.

Visit TORONTO2015.org for more details on free and ticketed events

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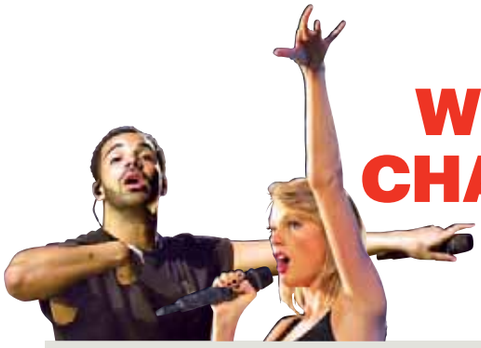

WE STAND ON CHART FOR THEE

TOP MUSIC STARS IN CANADA
metroLIFE

WESTWOOD:
WHO'S THE REAL CLOWN?
metroVIEWS

Toronto metro

Your essential daily | TUESDAY, JULY 21, 2015 | High 25°C/Low 15°C Mix of sun and cloud

THINGS THAT ARE NOT GYM-DANDY
metroLIFE

SUPERFLY

Martin Moreau soars up to 45 feet above the waters of Port Credit Marina on Monday using a flyboard. More photos in metroNEWS. LIZ BEDDALL/METRO

New Democrats going 'flat out'

POLITICS

Mulcair gets down to business in T.O. as other parties get set for October

Jessica Smith Cross
Metro | Toronto

The federal election is still three months away, but NDP leader Tom Mulcair kicked off his first campaign tour Monday in Toronto.

"There's no question that this is the beginning of the more formal campaign," Mulcair told Metro. "For the next 2-1/2 weeks I'm going to be going flat out across the country."

The election period won't legally begin until Prime Minister Stephen Harper visits the Governor General at some point in the coming weeks to drop the writ for the Oct. 19 vote. Despite that, plenty of candidates have already officially — and unofficially — been named for Toronto's 25 ridings.

The Liberals are ready to go in all but two places, and Conservative candidates are in place in all but eight ridings.

The NDP is seven candidates short of a full slate — something Mulcair said will be addressed within the next month.

Tom Mulcair in Toronto on Monday. TORSTAR NEWS SERVICE

"It's always good to hold on to one or two because there are some really interested people right now who are looking, perhaps, to add their names to the list of already tremendous candidates," he said. "We're pretty excited about some of the people we're talking to."

Olivia Chow is believed to be considering an NDP run in the new Spadina-Fort York riding. Mulcair is keeping his "fingers crossed" that she throws "her hat in the ring."

"Nothing would make me prouder than to have Olivia decide to seek the nomination in one of the available ridings," Mulcair said. "

She's an unbelievably experienced politician, having worked for many years municipally and federally."

Mulcair's campaign will start with eight days in Ontario focused, in particular, on the GTA, the southwest part of the province and Kenora.

Meanwhile, as the campaigning begins, the Conservatives have been promoting the enhanced Universal Child Care Benefit — $3 billion worth of payments that are being delivered to parents across Canada.

The benefit cheques are from the government, but the messaging around them has been criticized as partisan. Employment Minister Pierre Poilievre wore a Conservative party shirt at a government event promoting the benefit Monday, and earlier called the payments "Christmas in July" for parents.

"There's no question that the Conservatives are trying a very old strategy to buy people's votes with their own money," Mulcair said.

Mulcair said an NDP government would continue to offer parents Universal Child Care Benefit payments, and launch a $15-a-day national plan to create child care spaces.

The Liberals, on the other hand, are promising a geared-to-income child-care benefit that offers many families more than the payments doled out under the Conservatives.

metro MORE INSIDE
Find out who's running in your ward, pg. 10

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metro NEWS
Your essential daily news

Breaking Bad actor Steven Michael Quezada is running for county commissioner in Albuquerque, N.M.

The perks of going green

ENVIRONMENT

Expert creates map of city's 'vegetative infrastructure'

Luke Simcoe
Metro | Toronto

Toronto's Jonathan Silver has a thing for green roofs and green walls.

"I don't just like vegetative infrastructure. I love it," the 26-year-old said.

Silver has made a list of green walls and roofs in the city and published it online — complete with a handy map.

"It's incredible how many we have, but people don't really know they're there because they're on top of buildings or behind closed doors," he said.

Asked about the benefits of green roofs, Silver rattles off a list of environmental, economic and psychological perks.

"It's great for the environment. It helps retain stormwater. It provides a place for bees to gather pollen and for birds to rest," he said.

"And buildings use less energy if they have a green roof. It helps keep the building cool in the summer and warm in the winter."

Green walls are similar to their rooftop counterparts, but are typically installed indoors.

They help regulate humidity, dampen noise and create a pleasant environment for any employees working inside, Silver said.

"We're so busy in Toronto, just running around. Living infrastructure helps grab us out of our minds and puts us in our bodies. That feels really good," he said.

By making it easier to find Toronto's green walls and roofs, Silver hopes the project will encourage more people to appreciate them.

"First-hand experience plays an important role in understanding. You need to see things for yourself to really get them," he said.

Jonathan Silver at the rooftop garden of the Joseph L. Rotman School of Management on the University of Toronto's St. George Campus. LIZ BEDDALL/METRO

SILVER'S FAVOURITE TORONTO GREEN ROOFS AND WALLS

1. University of Toronto Exam Centre (255 McCaul St.) "The designers knew it was going to be an exam building, so they put in a green wall to help calm down all the stressed out students."

2. Terrence Donnelly Centre for Cellular and Biomolecular Research (160 College St.) "The building is unbelievable," he said. "There's basically a bamboo forest growing inside the building."

3. Rotman School of Management (105 St. George St.) "There are two green roofs in the building," he said. "They're great."

Silver initially made the map as a kind of "self-guided tour."

However, there's been enough interest that he's begun leading guided tours of green sites as well.

An upcoming walking tour is already booked up, he said, but there are still some spots left in a free cycling tour scheduled for Aug. 9. For more information, visit livingarchitecturetour.ca or follow Silver on Twitter at @silverjonsilver.

TORSTAR NEWS SERVICE

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The well-dressed bandit. HANDOUT

BANK ROBBERIES

Police nab 'well-dressed bandit' who was on lam in Nova Scotia

Toronto police have arrested a Nova Scotia man dubbed the "well-dressed bandit" after a series of bank robberies throughout the city.

From October 2014 to November 2014, police say a well-dressed man carrying a tan-coloured carrying case approached a teller and demanded money at four locations: Rogers Road and Keele Street area, Queens Plate Drive and Highway 27 area, College Street and Grace Street area and Bloor Street W. and Dovercourt Road area.

In March, the Canadian Bankers Association announced a reward up to $10,000 for information leading to the arrest and conviction of the man.

On July 14, Toronto Police Service Hold Up officers arrested William Richard Turner, 47, in Sydney, N.S.

He is charged with two counts of armed robbery and two counts of robbery.

He was scheduled to appear in court on July 17.

Police say the investigation is ongoing. TORSTAR NEWS SERVICE

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METROLINX

Striking employees stay warm by the fire in front of Crown Metal factory in North York on Feb. 2. Workers have been on strike for 22 months. TORSTAR NEWS SERVICE

'It leaves a bad taste'

STRIKE

Crown Metal deal doesn't meet demand for better wages

After a strike that spanned two bitter winters, the taste of victory is far from sweet for the workers of Crown Metal packaging.

Employees narrowly voted Sunday night to ratify a new collective agreement with the Toronto-based beer can manufacturer, after one of the province's longest pickets in recent history.

But although the final deal contained some wins — the right of all 120 striking workers to return to their jobs and improved retirement and severance packages — it does not meet the workers' key demand for better wages.

"It leaves a bad taste in your mouth for sure," said Dave Elines, who has worked at the plant since 1984. "Ninety per cent of people did their jobs and there were no big problems in the plant. And they just treated us like dirt."

Workers at the plant, which makes cans for more than 120 kinds of beer including Molson, Labatt and Coors, have not seen a raise in nine years.

Contract negotiations broke down 22 months ago after the American corporation tried to introduce a two-tiered pay scale that would see new employees earn 42 per cent less than existing workers. It also proposed axing its annual cost-of-living wage increases

The company subsequently sought to cut pensions and benefit entitlements, and to extend the pay cut to all employees, regardless of seniority.

"We're pleased that the strike's over," said Lawrence Hay, United Steelworkers' lead negotiator in the dispute. "We're not so pleased with the terms and conditions."

Sunday's collective agreement will result in annual wage increases of around 2 per cent for the next six years, but it will not reverse that substantial cut in workers' salaries.

The union did manage to ensure that all workers will be able to return to their jobs if they so choose, which had been a major sticking point in negotiations. The company had tried to block 34 workers considered to be the most active union members from regaining their old positions, according to the union.

Under Ontario's labour laws, currently under government review, striking workers lose their right to automatically return to their jobs after six months on the picket line.

"It certainly shows why labour law needs to be fixed," said John Cartwright, president of the Toronto and York Region Labour Council. TORSTAR NEWS SERVICE

> **"We're pleased that the strike's over. We're not so pleased with the terms.**
> Lawrence Hay, United Steelworkers' negotiator

WEATHER

Ice a hot commodity

The hottest weekend of the summer was also one of the busiest at the Iceman.

On a muggy Sunday afternoon, when the temperature hit the low 30s, the phones were buzzing every few minutes at the Adelaide St. W. office of the ice distributor. Restaurants, bars, private parties and, especially, Pan Am Games venues all needed to cool off.

On days as hot as last weekend, the Iceman moves about 60 tons — 120,000 pounds — of ice per day, according to head of finance Jake Silva.

His father, John, co-owns the business. He started it in the early 1980s out of the back of his father's store, Silva's Variety, on Queen and Markham Sts. Now, they produce 10 palettes of ice a day, which weigh about two tons each. They buy the rest of their ice bags from Arctic Glacier, the largest producer in Canada.

They send 5 to 10 skids of ice a day to Pan Am venues, Silva said.

"In the spring we try to prepare the best we can. Depending on the weather, it can get really busy. We have to be ready for anything."

On the dispatch desk, 30-year-old Michael Aguilar spent most of the time glued to the phone, giving directions to the Iceman's fleet of 10 delivery trucks.

André Gadbois, a finance student at U of T, sat a few feet away taking customers' orders.

"All I hear now is Cherry Street, Cherry Street, Cherry Street," he said, referring to the Pan Am athletes' village in the West Don Lands.

Before he was hired this summer, he didn't know there was such a demand for ice. Nor was he prepared for all the puns he would have to endure. "People always say it must be a pretty chill place to work, as if I've never heard that one before."

Some of his friends have gotten into the habit of quoting some of Freeze's lines from Batman & Robin. ("All right, everyone chill!" the movie villain played by Arnold Schwarzenegger says in one scene, brandishing his giant freeze gun.)

Even under pressure, Gadbois kept his cool on the phone. While he fielded calls, driver Evan Wheatly, 25, prepared for his ninth and last delivery of the day, an order of 1,190 pounds of ice for Pan Am Equestrian Park in Caledon. TORSTAR NEWS SERVICE

Sean Bruno-Teves bags ice at the Iceman headquarters on Adelaide Street. MELISSA RENWICK/TORSTAR NEWS SERVICE

Nathan Perez, 7, (middle) celebrates a point for Canada as he and his friends watch indoor volleyball at the Pan Am games from a large TV screen set up on Monday at the Wellesley Community Centre. COLE BURSTON/TORSTAR NEWS SERVICE

Communities enjoy latest viewing sites

HOST CITY SHOWCASE

Program set aside $60,000 to buy new equipment

Given the choice between watching Pan Am sports on the couch at home or in the middle of the Wellesley Community Centre, 11-year-old Jordan Pasildo picks the latter.

"You can actually yell," he said. "Cheer on the team."

And yell Pasildo did, alongside fellow campers, as the smell of popcorn and "Ca-na-da!" chants filled the centre's lobby Monday.

Campers with Pachi stickers and Canadian flags, alongside a handful of older spectators, gathered to watch the Canada-Argentina women's volleyball game beamed onto the big screen.

The community centre at Sherbourne and Wellesley Sts., in the heart of St. James Town, is one of six city-run Pan Am Games viewing sites in Toronto's tower neighbourhoods.

The city set aside $60,000 as part of the host-city showcase program to buy new and upgraded TV screens, projectors and popcorn machines for six community centres across North York, Scarborough, Etobicoke and downtown.

Barbecues and sport demonstrations ushered in the opening ceremonies and will close out the Games on Sunday at all six sites.

"One of the objectives of the showcase program was to allow all parts of the city to feel that they were part of the Games and to bring the Games to their neighbourhood," said Tobias Novogrodsky, the city's director of planning implementation for the Games.

Of the $14 million the city dedicated for projects like the Toronto sign and lighting the Bloor viaduct, the tower viewing-sites program is the smallest, financially. But it had the potential to touch many people.

St. James Town houses at least 15,000 people in the equivalent of a few city blocks, spread across 18 highrises, according to Michael Skaljin, a community development officer with the city's tower and neighbourhood revitalization unit. Shared public spaces can be important hubs in highrise neighbourhoods, he said — if people only know where to go.

"This is the backyards for people living in vertical communities," Skaljin said. "It's important to have intentional space that people know, even though this is a public facility, they need to know and be involved in events like this, to remind them this is their space." TORSTAR NEWS SERVICE

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TTC not ready for early Sunday starts

TRANSIT

Expansion to Blue Night bus service is underway

The TTC is looking into what it would take to make early Sunday morning subway service more than just a perk of the Pan Am Games.

But, spokesman Brad Ross said riders shouldn't get their hopes up just yet. It could be years before trains start running at 6 a.m. seven days a week.

"We rely on that time in the morning to get a lot of work done," he said. "If we pare back that maintenance time, we could potentially be looking at an increase in weekend closures to get things done."

Ross said the changes likely won't come into effect for five years, until the TTC is finished upgrading its signalling system.

That's not soon enough for members of the TTCriders advocacy group.

"People want more hours," said TTCriders chair Jessica Bell. "Other big international cities open their transit early on Sunday, so Toronto can too."

Bell said many Torontonians work irregular hours and would benefit from extended service.

"I try not to work on Sundays because I can't use the subway," said Joyce Nakanishi, a flight attendant with Air Canada who works out of Pearson airport. "Not being able to take those shifts is a shame."

Ross did note the TTC is in the process of expanding its Blue Night bus service, which runs when the subway is closed. Once all new routes are added, the Blue Night network is expected to carry an additional 500,000 passengers a year.

> **We rely on that time to get a lot of work done.**
> Brad Ross

Mayor John Tory has said he wants to see subway trains rolling by at 7 or 8 a.m. on Sundays. However, the mayor has also asked the TTC to trim its budget by 2 per cent next year.

"That's certainly not going to set us up for increasing the number of hours the TTC is open," Bell said.

LUKE SIMCOE/METRO

Pretty fly for a water guy

Imagine a wakeboard with the powers of a jet ski and a hoverboard. That's what flyboarding is all about — and it's booming in popularity, said enthusiast Martin Moreau, owner of Flyboard Xtreme.

Once reserved for extreme athletes, flyboards are getting more and more attention from people looking for a little recreation, Moreau said.

Basic moves include hovering nearly 50 feet over the water superhero-style. People with more advanced skills can dive headfirst into the water, disappearing under the waves and soaring back out.

Moreau will be offering rides for a fee at the marina from Aug. 28-31.

TEXT AND PICTURES: LIZ BEDDALL/METRO

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A delicious reward for recipes

CARIBBEAN CARNIVAL

Exchanging is a vital aspect of culture, says spokeswoman

Gilbert Ngabo
Metro | Toronto

A local Caribbean group is transforming its cultural gallery at 1 Lansdowne Ave. into a food market.

Community members are invited to bring in a recipe from July 24 to Aug. 1 and, in exchange, receive fresh ingredients to create their own classic dishes at home.

The Black Artists' Networks in Dialogue (BAND) has partnered with two local chefs for the initiative, which is part of the Scotiabank Toronto Caribbean Carnival, formerly known as Caribana.

The goal is to introduce people to a range of flavours that make up Caribbean home cooking. The exercise also taps into the custom of sharing and exchanging, which "is a core part of the Caribbean culture," said Breanna Mounter, the group's spokeswoman.

"Our goal is to collect and share recipes from different cultures that make up this city," she said. "People may not get the exact ingredients for each recipe, but we hope they'll be inspired throughout the sharing process."

Chef Ikeila Wright, owner of One Love Vegetarian restaurant, said she's "thrilled" to be part of the celebrations. The exercise will help people express themselves artistically through food, she said.

"As a chef, it's always exciting to see food become art," she said, adding that the focus is on respecting the quality of ingredients that people use in creating their own dishes.

Just as quality food is a cornerstone of Caribbean culture, sharing food is also traditional, Wright said.

While Wright makes a living as a chef, she didn't go to culinary school. Instead, she learned from others in her community.

"Because, where there are friends, there is food," she said.

Ikeila Wright is the chef and owner of One Love Vegetarian restaurant. PHOTOS: LIZ BEDDALL/METRO

DETAILS

The festival runs July 30 to Aug. 2. Check caribanatoronto.com for details.

JUST A TASTE

One Love Vegetarian Curried Potatoes

Ingredients:
2 lbs. Yukon Gold potatoes, peeled and cubed
2 tbsp. curry powder
2 tbsp. coconut oil
2 tbsp. organic tomato paste
3 cups water
1 scotch bonett pepper
Sea salt to taste

1. Heat oil in a skillet.
2. Add the curry powder and salt. Whisk quickly until dissolved. Be careful not to burn.
3. Add the potatoes and stir quickly until they are coated with the curry.
4. Add the tomato paste and water. Pierce the scotch bonett with a toothpick and add to the potatoes (if desired).
5. Let simmer until the potatoes are cooked and the liquid is reduced.
6. Serve with warm paratha roti shells and small salad.

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Examples: 2015 Ram 1500 Quad Cab SXT 4x4 (25A+AGR+XFH)/2015 Ram 1500 Crew Cab SXT 4x4 (25A+AGR+XFH)/2015 Dodge Grand Caravan Canada Value Package (29E)/2015 Dodge Journey Canada Value Package (22F) with a Purchase Price of $27,635/$29,664/$19,745/$19,745 with a $0 down payment, financed at 0% for 72/72/60/48 months equals 156/156/130/104 bi-weekly payments of $177/$190/$152/$190 with a cost of borrowing of $0 and a total obligation of $27,635/$29,664/$19,745/$19,745. •$500 Bonus Cash is available on select new 2014/2015 Chrysler, Dodge, Jeep or Ram models at participating retailers from July 18 to 31, 2015. Bonus Cash will be deducted from the negotiated purchase/lease price before taxes. 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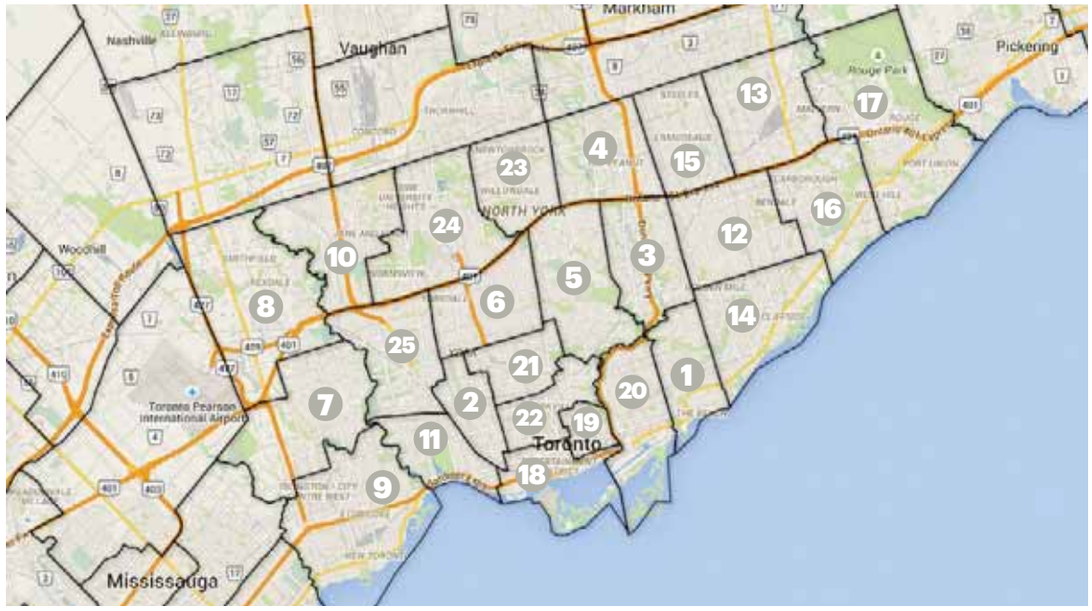
Examples: 2015 Ram 1500 Quad Cab SXT 4x4 (25A+AGR+XFH)/2015 Ram 1500 Crew Cab SXT 4x4 (25A+AGR+XFH) with a Purchase Price of $27,635/$29,664, with a $998/$998 down payment, financed at 2.99% for 96 months equals 208 bi-weekly payments of $144/$155 with a cost of borrowing of $3,346/$3,601 and a total obligation of $30,980.68/$33,264.53. ^Consumer Cash Discounts are deducted from the negotiated price before taxes. ‡3.49% purchase financing for up to 96 months available on new select models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2015 Dodge Grand Caravan Canada Value Package (29E)/2015 Chrysler 200 LX (28A)/2015 Dodge Journey Canada Value Package (22F) with a Purchase Price of $19,745/$19,745/$19,745, with a $0 down payment, financed at 3.49% for 96 months equals 208 bi-weekly payments of $109/$109/$109 with a cost of borrowing of $2,913/$2,913/$2,913 and a total obligation of $22,658.01/$22,658.01/$22,658.01. ≈Non-prime financing available on approved credit. 4.99% financing available on 2015 Ram 1500 Quad Cab SXT 4x4/2015 Chrysler 200 LX. 6.99% financing available on select 2015 models. Financing examples: 2015 Chrysler 200 LX/2015 Dodge Grand Caravan Canada Value Package with a Purchase Price of $19,745/$19,745, with $0 down payment, financed at 4.99%/6.99% over 84 months, equals 182 bi-weekly payments of $129/$137 with a cost of borrowing of $3,689/$5,279 and a total obligation of $23,434.43/$25,024.31. Some conditions apply. See your retailer for complete details. »$1,500 Ram Truck Loyalty/Conquest/Skilled Trades Bonus Cash is available on the retail purchase/lease of 2015 Ram 1500 (excludes Regular Cab), 2014/2015 Ram 2500/3500, 2014/2015 Ram Cab & Chassis trucks, or 2015 Ram Cargo Van and is deducted from the negotiated price after taxes. Eligible customers include: 1. Current owners/lessees of a Dodge or Ram Pickup Truck or Large Van or any other manufacturer's Pickup Truck or Large Van. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before July 1, 2015. Proof of ownership/lease agreement will be required. 2. Customers who are skilled tradesmen or are acquiring a skilled trade. This includes Licensed Tradesmen, Certified Journeymen or customers who have completed an Apprenticeship Certification. A copy of the Trade Licence/Certification required. 3. Customers who are Baeumler Approved service providers. Proof of membership is required. Limit one $1,500 bonus cash offer per eligible truck transaction. Some conditions apply. See your retailer for complete details. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ±Based on 2014 *Ward's* Lower Middle Sedan segmentation. Excludes other vehicles designed and manufactured by FCA US LLC. ^Based on IHS Automotive: Polk Canadian Vehicles in Operation data available as of July, 2014 for Crossover Segments as defined by FCA Canada Inc. ®Jeep is a registered trademark of FCA US LLC used under license by FCA Canada Inc. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

Who's running in your riding?

The federal election is three months away. And while the political parties appear to be in campaign mode, none have nominated candidates in every riding. Here's where things stand in each of Toronto's 25 ridings.

JESSICA SMITH CROSS METRO



1 BEACHES-EAST YORK

Conservative: Bill Burrows
Liberal: Nathaniel Erskine-Smith
NDP: Matthew Kellway

2 DAVENPORT

Conservative: No candidate
Liberal: Julie Dzerowicz
NDP: Andrew Cash

3 DON VALLEY EAST

Conservative: Maureen Harquail
Liberal: Yasmin Ratansi
NDP: No candidate

4 DON VALLEY NORTH

Conservative: Joe Daniel
Liberal: Geng Tan
NDP: Akil Sadikali

5 DON VALLEY WEST

Conservative: John Carmichael
Liberal: Rob Oliphant
NDP: No candidate

6 EGLINTON-LAWRENCE

Conservative: Joe Oliver
Liberal: No candidate
NDP: No candidate

7 ETOBICOKE CENTRE

Conservative: Ted Opitz
Liberal: Borys Wrzesnewskyj
NDP: No candidate

8 ETOBICOKE NORTH

Conservative: No candidate
Liberal: Kirsty Duncan
NDP: Faisal Hassan

9 ETOBICOKE-LAKESHORE

Conservative: Bernard Trottier
Liberal: No candidate
NDP: Phil Trotter

10 HUMBER RIVER BLACK CREEK

Conservative: No candidate
Liberal: Judy Sgro
NDP: No candidate

11 PARKDALE-HIGH PARK

Conservative: No candidate
Liberal: Arif Virani
NDP: Peggy Nash

12 SCARBOROUGH CENTRE

Conservative: Roxanne James
Liberal: Salma Zahid
NDP: Alex Wilson

13 SCARBOROUGH NORTH

Conservative: Ravinder Malhi
Liberal: Shaun Chen
NDP: Rathika Sitsabaiesan

14 SCARBOROUGH SOUTHWEST

Conservative: No candidate
Liberal: Bill Blair
NDP: Dan Harris

15 SCARBOROUGH AGINCOURT

Conservative: Bin Chang
Liberal: Arnold Chan
NDP: Laura Patrick

16 SCARBOROUGH GUILDWOOD

Conservative: Chuck Konkel
Liberal: John McKay
NDP: Laura Casselman

17 SCARBOROUGH ROUGE PARK

Conservative: No candidate
Liberal: Gary Anandasangaree
NDP: Kantharatnam Shanthikumar

18 SPADINA-FORT YORK

Conservative: No candidate
Liberal: Adam Vaughan
NDP: No candidate

19 TORONTO CENTRE

Conservative: No candidate
Liberal: Bill Morneau
NDP: Linda McQuaig

20 TORONTO-DANFORTH

Conservative: Tim Dutaud
Liberal: Julie Dabrusin
NDP: Craig Scott

21 TORONTO-ST. PAUL'S

Conservative: Marnie MacDougall
Liberal: Carolyn Bennett
NDP: Noah Richler

22 UNIVERSITY-ROSEDALE

Conservative: Karim Jivra
Liberal: Chrystia Freeland
NDP: Jennifer Hollett

23 WILLOWDALE

Conservative: Chungsen Leung
Liberal: Ali Ehsassi
NDP: Pouyan Tabasinejad

24 YORK CENTRE

Conservative: Mark Adler
Liberal: Michael Levitt
NDP: No candidate

25 YORK SOUTH-WESTON

Conservative: James Robinson
Liberal: Ahmed Hussen
NDP: Mike Sullivan

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50	$16	$13	$29	$20	$52	$36
65	$61	$40	$146	$94	$280	$183

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SAFETY

Boy's death spurs inspection

A funeral service and candlelight vigil will be held Tuesday for a four-year-old boy who fell from an apartment building window in East York last week.

Ramy Suleman, whose identity was confirmed Monday by the local tenant association, was visiting his aunt's apartment at 71 Thorncliffe Park Dr. when, police say, he accidentally pushed through a bedroom window screen Saturday at about 5 p.m., falling from the 15th floor.

Paramedics rushed the boy to the Hospital for Sick Children, but he was pronounced dead later that night.

"It's very sad right now. We all have been going through a lot," said Thorncliffe Park Tenants Association president Abbas Kolia.

Family, friends and community members will gather in front of 71 Thorncliffe Park Dr. at 6 p.m. Tuesday "to remember the tragic loss," Kolia told residents in an email. A funeral service will take place earlier in the day.

Apartments in the Thorncliffe Park building will be inspected for window safety locks starting this week, he noted.

In 2013, the tenants association staged a rally to protest conditions within a collection of buildings all owned by Q Residential.

The building, 71 Thorncliffe, was the subject of at least 17 complaints investigated by Municipal Licensing and Standards over the past two years, according to municipal figures available online. The last tower, 79 Thorncliffe, topped the municipal complaints list in 2013, with residents lodging 59 complaints over interior and exterior deficiencies. TORSTAR NEWS SERVICE

IN BRIEF

Ontario interested in buying hydro from N.L.

The government of Newfoundland and Labrador is exploring the idea of selling electricity to Ontario.

Natural Resources Minister Derrick Dalley says the commitment was made Monday with Ontario Energy Minister Bob Chiarelli at the 2015 Energy and Mines Ministers' Conference in Halifax.

Chiarelli says they want to look at how to move "clean" electricity to Ontario.

THE CANADIAN PRESS

Girl with HIV in remission

HIV-AIDS

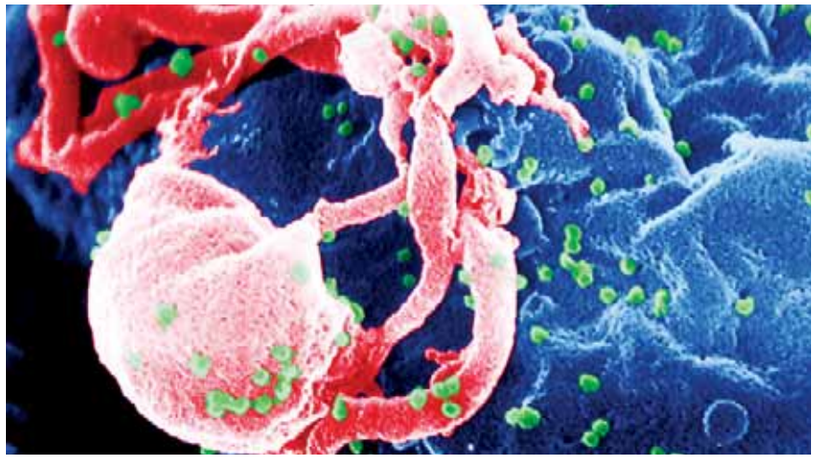
No detectable virus in blood of teen untreated in past 12 years

An 18-year-old French girl exposed at birth to HIV has been in remission for 12 years with no detectable virus in her blood — despite stopping drug treatment at the age of five, an international HIV-AIDS conference in Vancouver has been told.

The teen is among a very small number of HIV-infected people in the world who have remained free of active infection for a number of years without continuous treatment with antiretroviral drugs.

The unidentified girl was infected at the time of her birth in 1996 because of transmission from her mother, whose HIV was poorly controlled, said Dr. Asier Saez-Cirion of the Pasteur Institute in Paris.

"So the girl received a prophylactic treatment from the day she was born," Saez-Cirion said in an interview from Vancouver, where he is attending the eighth International AIDS Society Conference on HIV Pathogenesis, Treatment and Prevention.



This undated photo provided by the U.S. Centers for Disease Control and Prevention shows a scanning electron micrograph of multiple round bumps of the HIV-1 virus on a cell surface.
CYNTHIA GOLDSMITH/CENTERS FOR DISEASE CONTROL AND PREVENTION VIA THE ASSOCIATED PRESS

The infant was kept on that drug regimen — standard therapy for children at risk of being infected — for six weeks, after which "her viral load went up to very high levels," he said.

> **We don't know whether she will need (treatment) in the future.**
> Dr. Asier Saez-Cirion

At three months of age, doctors put the girl on antiretroviral drugs, which stop HIV from replicating in the cells and eventually progressing to AIDS.

She remained on those medications until about age 5-1/2. Saez-Cirion said it's not known why the family halted the girl's treatment.

The child returned to the clinic after being off antiretrovirals for a full year and doctors were surprised to find there were no signs of HIV in her blood.

"This girl has been able to maintain virus control for 12 years now. So for 12 years, she has been in remission from infection," Saez-Cirion said.

He said the French teen represents the longest period a child has gone without treatment with no detectable HIV levels in the blood, although testing has shown she does harbour HIV DNA in her cells — what's known as a reservoir of the virus.

"However, another thing that needs to be perfectly clear is that this girl is not cured," stressed Saez-Cirion.

"The virus is still there, but her remission means that she hasn't needed treatment for many years.

"But we don't know whether she will need it in the future." THE CANADIAN PRESS

COURT

Expats lose vote in appeal

Allowing Canadians who have lived abroad for more than five years to vote in federal elections would be unfair to those who live in Canada, Ontario's top court ruled Monday.

In a split decision, the Court of Appeal overturned a ruling that had restored the right of more than one million long-term expats to vote.

"Permitting all non-resident citizens to vote would allow them to participate in making laws that affect Canadian residents on a daily basis but have little to no practical consequence for their own daily lives," Justice George Strathy wrote for the majority court.

Two Canadian citizens living in the United States — Montreal-born Jamie Duong and Toronto-born Gillian Frank — launched the constitutional challenge, arguing the five-year rule was unreasonable.

Both argued they had only left for educational and employment opportunities and still had strong attachments to Canada. THE CANADIAN PRESS

POT PROTEST

Man held as truck rams five cruisers near police building

Colin Fast
Metro | Winnipeg

Outside Winnipeg police headquarters was like a scene from Grand Theft Auto Monday as a moving truck with the words "Bill Murray" on the side deliberately rammed five police cruisers parked on the street, while a nearby group of pot protesters blazed up in public.

The chaos unfolded shortly after 11 a.m. in front of the Public Safety Building, when witness Tim Jaskow said a three-ton white moving truck pulled alongside a row of police cars on Princess Street and drove back and forth three times to smash the vehicles.

"At first I thought he was making a delivery and maybe made a mistake, and then I thought he was nuts," Jaskow said.

The truck sped off and was later followed by several police vehicles westward along the Trans-Canada Highway beyond Portage La Prairie.

Winnipegger Scott Stroh said was driving in Headingley when the truck came up behind him, driving erratically.

Stroh said he moved over to let the truck pass, and a few seconds later, a WPS vehicle, an unmarked vehicle and an RCMP cruiser turned on their lights and began the chase.

> **His stupidity probably gave him away.**
> Scott Stroh

"At that time, they didn't necessarily know where he was. His stupidity probably gave him away," said Stroh. "You get lost in trucks in Headingley."

The suspect evaded spike belts before RCMP were successful in stopping the truck with another spike belt. No one was hurt, but one man was arrested. Winnipeg police have not identified him, but a reliable source identified him to Metro Winnipeg as Wayne Rennie, 24.

The "Bill Murray" reference appeared to be for a business in Oakbank, Man. It was not immediately clear if the truck was stolen. A person answering the phone at the number on the truck said no one by that name was there.

The incident disrupted a "smoke-in" held in front of the PSB by supporters of Your Medical Cannabis Headquarters on Main Street.
WITH FILES FROM CANADIAN PRESS

IN BRIEF

Petition urges all parties to back commission findings

A petition that calls on all political parties to incorporate the recommendations of the Truth and Reconciliation Commission into their election platforms has more than 1,200 signatures.

The petition, spearheaded by three professors at the University of Manitoba, calls on governments of all levels to recognize the harm done by aboriginal residential schools and acknowledge their "genocidal character." THE CANADIAN PRESS

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Security Council endorses watershed Iran nuke deal

UNITED NATIONS

Israel's envoy calls vote 'a very sad day' for the world

The UN Security Council on Monday unanimously endorsed the landmark nuclear deal between Iran and six world powers, and authorized a series of measures leading to the end of UN sanctions that have hurt Iran's economy.

But the measure also provides a mechanism for UN sanctions to "snap back" into place if Iran fails to meet its obligations.

Both U.S. Ambassador Samantha Power and Iran's UN Ambassador Gholamali Khoshroo called the agreement an important achievement for diplomacy, the Iranian promising to be "resolute in fulfilling its obligations" and the American pledging to be vigilant in ensuring they are carried out.

The resolution had been agreed to by the five veto-wielding council members — who, along with Germany, negotiated the nuclear deal with Iran. It was co-sponsored by all 15 members of the Security Council. The European Union's foreign ministers endorsed the deaL later Monday in Brussels and pledged to implement it.

Under the agreement, Iran's nuclear program will be curbed for a decade in exchange for potentially hundreds of billions of dollars' worth of relief from international sanctions. Many key penalties on the Iranian economy, such as those related to the energy and financial sectors, could be lifted by the end of the year.

Ron Prosor, Israel's ambassador to the United Nations, addresses a news conference at the UN headquarters, Monday, after the Security Council unanimously endorsed the landmark nuclear deal between Iran and six world powers. THE ASSOCIATED PRESS

Iran insists its nuclear program is purely peaceful, aimed at producing nuclear energy and medical isotopes, but the United States and its Western allies believe Tehran's real goal is to build atomic weapons. U.S. President Barack Obama has stressed that all of Iran's pathways to a nuclear weapon are cut off for the duration of the agreement and Iran will remove two-thirds of its installed centrifuges and get rid of 98 per cent of its stockpile of uranium.

> **The world is now a safer place.**
> Matthew Rycroft, Britain's UN Ambassador

Britain's UN Ambassador Matthew Rycroft said "the world is now a safer place in the knowledge that Iran cannot now build a nuclear bomb."

But Israel's UN Ambassador Ron Prosor told reporters immediately after the vote that the Security Council had "awarded a great prize to the most dangerous country in the world," calling it "a very sad day" not only for Israel but the entire world.

The document specifies that seven resolutions related to UN sanctions will be terminated when Iran has completed a series of major steps to curb its nuclear program and the International Atomic Energy Agency has concluded that "all nuclear material in Iran remains in peaceful activities."

All provisions of the UN resolution will terminate in 10 years, including the "snap back" provision on sanctions.

But last week the six major powers — the U.S., Russia, China, Britain, France and Germany — and the European Union sent a letter informing UN Secretary-General Ban Ki-moon that they have agreed to extend the snap back mechanism for an additional five years. They asked Ban to send the letter to the Security Council.

THE ASSOCIATED PRESS

LAW

UAE outlaws haters

The United Arab Emirates has issued new legislation aimed at combatting intolerance, outlawing actions that stoke religious hatred and discriminate based on religious or ethnic background.

The law's introduction Monday comes amid growing alarm in the Emirates and other oil-rich Gulf Arab states over the rise of militant extremists, particularly the Islamic State group.

The legislation bars discrimination based on "religion, caste, creed, doctrine, race, colour or ethnic origin," according to official state news agency WAM. It also criminalizes any action that encourages religious hatred or insults religion, and calls for punishing those who label other religious groups as infidels or unbelievers.

"The law is intended to provide a sound foundation for the environment of tolerance, broadmindedness and acceptance in the UAE," the report said.

The law was decreed by the president, Sheikh Khalifa bin Zayed Al Nahyan. Among other things, it targets actions that are considered hate speech or promote discrimination or violence in all forms of media.

Penalties include six months to more than 10 years in prison and fines up to two million dirhams ($545,000 US). Authorities held out the possibility of amnesty for those who proactively turn themselves in.

The Emirates is a Western-allied, seven-state federation that includes oil-rich Abu Dhabi and the Mideast commercial hub of Dubai. Home to the second largest Arab economy, it has emerged as a multicultural trade and tourism centre.

THE ASSOCIATED PRESS

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MALAYSIA AIRLINES FLIGHT 17 CRASH

Russia asks UN to cut tribunal

Russia on Monday introduced a UN resolution demanding that those responsible for shooting down a Malaysia Airlines plane over Ukraine last year be brought to justice — but eliminating the international tribunal that the five countries investigating the crash are seeking to prosecute the perpetrators.

Russia said earlier this month it opposed a draft submitted by Malaysia on behalf of the five countries that would establish an international court.

The rival Russian draft resolution expresses concern that the investigation isn't ensuring "due transparency in its organization and work methods, which may have a negative impact on its outcome."

Ukraine and the West suspect Flight MH17, travelling from Amsterdam to Kuala Lumpur, was destroyed by a surface-to-air missile fired by Russian soldiers or Russia-backed separatist rebels, killing all 298 people on board.

Moscow denies that and Russian officials and state media have alleged the plane was shot down by a Ukrainian missile or warplane.

The Russian draft states that "the establishment of the true causes of this aerial incident is critical for bringing those responsible to justice" and suggests that the International Civil Aviation Organization "could play a more active and appropriate role in this investigation." The Security Council met behind closed doors Monday afternoon so Russia's Ambassador Vitaly Churkin could examine the text.

THE ASSOCIATED PRESS

IN BRIEF

Broken strut believed to have doomed rocket

SpaceX suspects a 61-centimetre steel strut snapped inside its unmanned Falcon 9 rocket and led to last month's launch accident at Cape Canaveral, Fla.

The company's founder and chief executive, Elon Musk, said Monday that these struts had flown many times before without any problem.

The strut was holding down a helium bottle in the liquid oxygen tank.

THE ASSOCIATED PRESS

IN BRIEF

PayPal's stock soars

PayPal shares jumped $2.81 US, or seven per cent, to $41.20 US on the Nasdaq Stock Exchange on Monday, its first day as a separate and publicly traded company as the firm outlined plans to capitalize on the rise of mobile payments and the growing digitization of money. The payments system company officially split with eBay Inc. on Friday.

PayPal CEO Dan Schulman and employees rung in the opening bell on the Nasdaq.

THE ASSOCIATED PRESS

market minute

DOLLAR 76.94¢ (-0.06¢)

TSX 14,425.55 -217.29)

OIL $50.44 US (-77¢)

GOLD $1,106.80 US (-$25.10)

NATURAL GAS: $2.823 US (-4.7¢)
DOW JONES: 18,100.41 (+13.96)

Greeks face price hikes

ECONOMY

Banks open but cash curbs still in place

An employee replaces prices with the new Value Added Tax (VAT) at a supermarket in Athens Monday. Many goods became more expensive as the first batch of austerity measures, demanded by Greece's creditors, kicked in. THE ASSOCIATED PRESS

Greece set a series of landmarks Monday it hopes will shore up its battered economy following months of crisis that threatened its place in the euro.

Banks reopened after more than three weeks, and the cash-strapped country got a short-term loan from European creditors to pay more than six billion euros (about $8.45 billion US) owed to the International Monetary Fund and the European Central Bank. Non-payment on either would have derailed Greece's recent bailout request.

Though the bank daily cash withdrawal limit stayed at 60 euros (about $85), the government has given individuals a new weekly limit of 420 euros (about $600) from this coming Sunday so they don't need to trudge to the ATM every day.

But for most recession-weary Greeks, Monday was all about the price of goods as new tax rises demanded by creditors on everything from coffee to taxis took effect. Dimitris Chronis, who has been running a small kebab shop in central Athens for 20 years, says the new taxes could push his business over the edge, especially when combined with higher business taxes and meat prices. "I can't put up my prices because I'll have no customers at all," said Chronis, who said sales have slid by around 80 per cent since banking restrictions were imposed June 29.

There are few parts of the Greek economy left untouched by the increase in sales taxes on many basic goods from 13 per cent to 23 per cent. They have been imposed on many basic goods, from cooking oils to condoms, through to popular services, such as eating out at restaurants and ferries to the Greek islands.

The tax rises formed part of a package of confidence-building measures the Greek government had to introduce for negotiations on a third bailout to begin.

THE ASSOCIATED PRESS

ASHLEY MADISON

Cheating website hacked

A Canadian-owned website for people seeking affairs was recovering from a cyberattack Monday after hackers stole confidential customer information, posted some of it online and threatened to publish all of it unless the company is shut down. Avid Life Media, which owns Toronto-based cheating site AshleyMadison.com, called the attack an "act of cyber-terrorism".

While its site appeared to be working normally Monday morning, an online security blog, KrebsOnSecurity.com, posted what appeared to be a screenshot of the site's home page late Sunday bearing a message from those allegedly behind the hack.

Whoever hacked the site claimed they did so to expose alleged lies Ashley Madison told customers about a service that allows members to erase profile information for a $19 fee, Krebs reported. But Avid Life said the allegations about the "paid-delete" option were false. THE CANADIAN PRESS

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Now's the perfect time for drivers to compare rates

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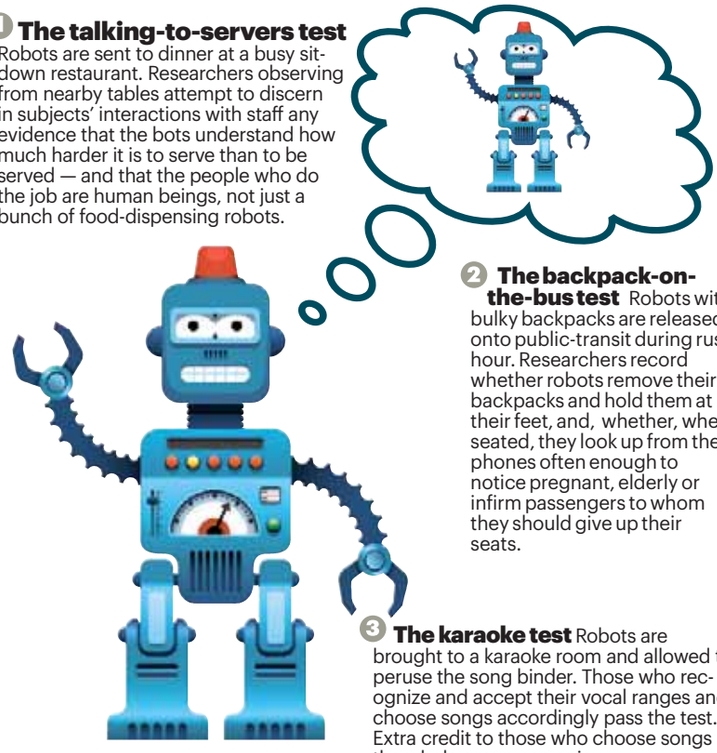
metro VIEWS
Your essential daily news
Tuesday, July 21, 2015

THE BIG THING: FUNCTIONAL FRIENDS

It was a simple experiment that raised complicated questions. Researchers at the Rensselaer Polytechnic Institute disabled the speech of two of three super-smart robots, then asked "Which one of you can speak?" One said, "I don't know," but then, hearing its own voice, backtracked and said, "I know now," thus passing a crucial self-awareness test. But real self-awareness, the kind we need to make and keep friends, takes far more than knowing when you're the only one in the room talking (though that's a good start). Here are the tests Metro would like to run before entrusting any robot — no matter how smart — with our friendship. METRO



1 The talking-to-servers test Robots are sent to dinner at a busy sit-down restaurant. Researchers observing from nearby tables attempt to discern in subjects' interactions with staff any evidence that the bots understand how much harder it is to serve than to be served — and that the people who do the job are human beings, not just a bunch of food-dispensing robots.

2 The backpack-on-the-bus test Robots with bulky backpacks are released onto public-transit during rush hour. Researchers record whether robots remove their backpacks and hold them at their feet, and, whether, when seated, they look up from their phones often enough to notice pregnant, elderly or infirm passengers to whom they should give up their seats.

3 The karaoke test Robots are brought to a karaoke room and allowed to peruse the song binder. Those who recognize and accept their vocal ranges and choose songs accordingly pass the test. Extra credit to those who choose songs the whole group can enjoy.

Bike lanes could be good for business on Bloor

YOUR RIDE
Glyn Bowerman

We've kicked the idea around for many, many years, with almost as many false starts and scrapped studies, but the advocacy group Cycle Toronto is mounting a serious push to finally make it happen.

As the city embarks on phase two of its Cycling Network Plan consultations, asking citizens like yourself to help set cycling infrastructure goals for the next 10 years, Cycle Toronto is peddling a petition naming Bloor Street a priority candidate for bike lanes.

The petition calls for a pilot project to begin next year which would test lanes on Bloor from Shaw Street to Avenue Road. Supporters can rally on social media, using the hashtag #bloorlovesbikes.

It's a clever call, since these types of projects tend to inspire predictions of doom and traffic chaos which, when the plan actually implemented, fail to be the end of the world. Often, they're a blessing to the neighbourhoods and businesses they affect.

Bike lanes on Bloor have long had the support of groups like the Bloor Annex Business Improvement Area. But some business owners balk out of fear that bike lanes will mean a reduction in lanes for cars and space for parking, which could scare off customers.

In fact, countless studies in cities all over the world have shown the addition of bike lanes tends to benefit businesses, and cyclists are good shoppers. Many neighbourhood businesses that originally demanded loss of space for cars have had to sheepishly admit that business had never been better than after the bike lanes were added.

A pilot project on Bloor is just what we need to show people that adding bike lanes won't be the end of the world.

As it stands, while many cyclists use Bloor, riding it can be a harrowing experience. It is one of the most likely places to be "door prized," as unaware motorists fling their doors open, into your path, in a hurry to grab some froyo (presumably).

A predictable argument against Bloor bike lanes is "congestion." It's been made before, when the idea has been floated.

To that I say: Bloor isn't a highway. Arguing that major thoroughfares like Bloor are already too slow ignores the character of these streets.

Arguing that major thoroughfares like Bloor are already too slow ignores the character of these streets.

Bloor is lined with small, independent businesses. Boutiques, looking to pique a passerby's interest, line the strip. They're looking to attract customers. You drive to the Ikea on the outskirts of town. You don't drive to the artisanal cheese shop.

Streets like Bloor rely on a slower pace. If you're in a hurry, hit the highway.

Glyn Bowerman is a Toronto-based journalist and theatre artist. He is also a regular contributor to Spacing Magazine. Follow him on Twitter @Banquos_Banquet

ROSEMARY WESTWOOD

metroview

We look for laughs from a politician, and politics from a comic

I want to love Amy Schumer. Not just love her, really, more like worship. I could spend all day listening to her crack period and vaginal-discharge jokes. I'd be happy to watch her give a never-ending acceptance speech for a "Woman of the Year" award, lambasting the celebrity beauty standards for women, noting she can "catch a d--k" whenever she wants, and not caring that most men in the audience aren't laughing.

I caught Trainwreck, her new movie (or rather, the baby she made with director Judd Apatow), on the weekend, and I realized that I really do like toilet humour — I'd just never heard it done well by a woman before. The film thus felt groundbreaking, I said afterwards, full of raunchy, off-kilter comedy that's long been the domain of men.

But — and I won't be the first to tell you this — there's a problem with comic-worship.

Schumer is a feminist, yes, but that's not her job. Her job is jokes. (Some people don't even think she's great at that, like those who say she makes racist jokes.) When people tell you Trainwreck wasn't that revolutionary because it has (spoiler alert) a happy monogamous ending, please remind them: It's a Hollywood flick. Get your counterculture somewhere other than a rom-com, people. It's not surprising that the message is a conforming one — it would be surprising if it weren't.

On the flip side, let's pause for a moment to ponder Donald Trump. The man with the Orange Crush skin and scarlet red tie. The man who knows how to overcome controversy: By adding to it.

First, he makes racist remarks against Mexican immigrants to the U.S. Then he suggests John McCain is a wimp for getting captured in the Vietnam War: "He is a war hero because he was captured. I like people that weren't captured, OK?"

Talk about a punchline. Isn't it great to watch? A crazy billionaire as the top Republican candidate for President of the United States. What could be more entertaining than Trump being taken seriously?

Take the New York Times, which noted his campaign "is built entirely around the instincts and grievances of its unpredictable candidate — and does not rely on a conventional political operation that protects presidential hopefuls from themselves."

Hmmm... tell me more of the "strategy" behind Trump.

To recap: We're looking for laughs from a politician, and politics from a comic. Something is amiss.

Yes, comedy can drive social change. But it's Schumer we should be paying to make us laugh. And politicians — if not Trump — to make us think.

metro
Your essential daily news

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Greg Lutes
MANAGING EDITOR TORONTO
Angela Mullins
ADVERTISER INQUIRIES
adinfotoronto@metronews.ca
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Over 1.1 million copies of Harper Lee's Go Set a Watchman sold in North America

Taylor top-selling artist in Canada

Taylor Swift tops Canada's music charts with most singles sold so far in 2015. GETTY IMAGES

MUSIC

Mid-year sales report puts Swift's 1989 and Sheeran's x neck and neck

Midway through 2015, good friends Taylor Swift and Ed Sheeran were locked in a tight race for the top-selling album in Canada.

According to Nielsen Entertainment's mid-year Canadian report, either Swift's blockbuster 1989 or Sheeran's x has the slight edge in sales so far this year.

If looking purely at album sales, the 24-year-old Sheeran has sold 117,000 copies of his sophomore album to Swift's 111,000.

But the unassailable Swift claims the edge over the ginger Brit when track-equivalent album sales are factored in: 172,000 to 170,000.

Sheeran, who steered a headline-grabbing Canadian tour before hosting last month's MMVAs, has the biggest single hit of the two of them with Thinking Out Loud. It's second only to the inescapable Mark Ronson-Bruno Mars smash Uptown Funk! in radio airplay, digital sales and on-demand streams.

The honour of the top-selling Canadian artist of 2015 overall, meanwhile, is currently shared by two one-name wonders: Toronto rap tastemaker Drake and Quebec country-pop crooner Yoan.

The latter, who was boosted to prominence by the reality series La Voix, has sold 100,000 copies of his self-titled debut since its March release — and those sales were, by a vast majority, physical.

Drake, on the other hand, quietly issued his brooding If You're Reading This It's Too Late in February and didn't accommodate a physical release until months later, so his sales were almost exclusively digital.

Ultimately, both artists sold roughly 101,000 copies when track-equivalent album sales are factored into the equation.

It's also been quite the year for the Weeknd.

The Toronto R&B singer, otherwise known as Abel Tesfaye, snuck his single Earned It into the Top 10 in radio play and on-demand audio streams, and the album from which it was culled — the steamy soundtrack to Fifty Shades of Grey — took the third spot on the album chart.

Overall, total digital music sales (including single tracks and albums) increased 3.2 per cent compared to this time last year, Nielsen reported, while CD sales fell nearly nine per cent. Vinyl sales, though clearly a much smaller part of the market, leapt up 40 per cent.

Streaming volume also increased dramatically in Canada, to 10.5 billion total audio and video streams in the first half of the year.

"The biggest story of the year continues to be the growth of streaming," said David Bakula, Nielsen's senior vice-president of industry insights.

"Streaming is becoming the primary choice of consumption for many music fans." THE CANADIAN PRESS

FRIDAY RELEASE

Record industry decides to drop albums on Fridays

As of last week, the music industry initiated a worldwide shift toward pushing out almost all new albums on Fridays, upending the previous North American standard of Tuesday releases.

Industry execs are touting a globally synchronized release date as a tonic for piracy, an opportunity for internationally co-ordinated marketing and a chance to stimulate sales with free-spending weekend whimsy.

Nielsen Entertainment's senior vice-president of industry insights David Bakula says that until a blockbuster release is issued on a Friday, it will be tough to fairly analyze the impact the shift will have. However, Bakula notes that release dates seem to hold less weight in the digital age.

And until there's evidence of the Friday shift's effect on sales, it's difficult to find a musician who will admit to caring.

Mac DeMarco's upcoming EP Another One will be released on Aug. 7, which is a Friday. When asked about it, the Edmonton native dismissively referred to the move as "some big industry plan."

"Tuesday, Friday, what's the difference?" asked the Juno-nominated artist. "To me, I don't even know what day of the week it is." THE CANADIAN PRESS

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SCARLETT JANE

Another breakup, another album

Scarlett Jane are heartbroken and on the road again. HANDOUT

For better or worse, Toronto duo Scarlett Jane has found heartbreak to be a renewable resource.

Andrea Ramolo and Cindy Doire wrote their first album Stranger — originally issued in 2012 before getting a major-label remix and rerelease last year — as they were both enduring breakups.

In 2013, they jetted off to Cuba for a songwriting sojourn and beach vacation rolled into one — a getaway made all the more necessary given that they were both, yes, recovering again from romantic splits.

And now that those yearning tunes have been released — in the form of the pair's recently dropped self-titled sophomore album — Ramolo and Doire find themselves, once again, freshly single.

"We are still breaking up with people," Ramolo said recently, joined by her partner on speakerphone as they fussed over salads.

"Our hearts are broken still," added Doire. "And we're about to go on the road with broken hearts.

"It's like: 'Here we are again, not much has changed."'

Well, the one constant for Scarlett Jane, aside from romantic instability, has been that they have each other.

Onstage, their voices meld into one, and it's not much different on the phone. The two talk over each other, finish each other's sentences, and lob ideas back and forth with the dexterity of tennis pros, providing convincing evidence of the decade-plus friendship that preceded the band's existence.

Though they claim that not much has changed, Ramolo and Doire feel they've found their sound on their second album: an elegant synthesis of roots, country, folk, rock and blues, united by a deep melancholy streak.

As the pair prepared for imminent gigs at the Festival d'été de Quebec, the Vancouver Folk Music Festival and the Calgary Folk Music Festival, did they worry about how their emotional material might play in front of sun-baked festival goers?

"Who hasn't longed for somebody, who hasn't felt the need to say one last thing to their lover before they walk away?" asked Doire rhetorically.

THE CANADIAN PRESS

Frontman gets frank

INTERVIEW

Neon Tree's Glenn Taylor talks coming out, and releasing happier songs

EMILY LAURENCE
Metro in New York

Neon Trees shot up the charts in 2012 with their party-ready songs Animal and Everybody Talks, but the tracks on their most recent album Pop Psychology are a bit more melancholy.

We talk with lead singer Tyler Glenn about the crazy stories behind the songs, plus how his songwriting has changed after coming out as gay in 2014.

Friendly fire

The band's new single Songs I Can't Listen To is about a breakup, but not of the romantic variety. "My best friend of nine years said she was getting married and didn't think we could be friends anymore," Glenn tells us.

"It broke my heart in a way that's different from a romantic relationship."

While he says the two haven't spoken since the sad talk, he did just receive an invite to her wedding, though he hasn't decided if he's going to go or not.

Surprising storytelling

Though the song is all about a friend breakup, the music video is about a gay romantic relationship, noteworthy since Glenn, 31, just came out last year, in an interview with Rolling Stone.

"I totally forgot it would be something people would comment on," Glenn says of the same sex relationship in the video. "It wasn't meant to be click bait or shocking."

Glenn wasn't out when he was working on Pop Psychology, but the songs reflect experiences he had as a gay man.

"Sleeping With A Friend is about a guy who is straight and married to a woman," Glenn tells us. "So that's kind of awkward for him."

Glenn and his ex-hookup are no longer in touch, yet another friend breakup that inspired his lyrics.

Finding his happy place

Glenn says that he will be talking about persona relationships on the next Neon Trees album even more.

"Half of my life in my 20s was a secret, so now I'm way honest to a fault and having a good time because I can," he says.

He says fans can expect the band's new songs to be happier, since he's in a good place right now. "I usually feed off of being heartbroken or a negative situation.

"It's been interesting writing more when someone good is in your life."

Tyler Glenn came out as gay in a 2014 Rolling Stone interview. Since then, he says, his songwriting has become more personal. THE ASSOCIATED PRESS

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This project has been made possible through the financial support of the Ontario Trillium Foundation. The Ontario Trillium Foundation is an agency of the Government of Ontario.

planned parenthood toronto

SUMMER FESTIVALS

Cross gets bleached at SumFest

SOUND CHECK
Alan Cross

(Montego Bay, Jamaica) "Are you here for Reggae SumFest?" The cabby flashed me a smile in the rearview mirror. "It's the greatest show on earth! You gonna get bleached!"

"'Bleached?'"

"Stay up all night with the music, mon!"

Prescient. Over 23 years, SumFest has grown into a massive festival that draws visitors from all over the world. I'd been invited to take a look at the final three days of the 2015 edition, and since my knowledge of reggae didn't extend much beyond Bob Marley, this was an opportunity to expand my musical horizons.

Thursday was all dancehall, traditionally the most popular night. Performers worked to impress the crowd with their lyrical boasts, social and political commentary, Rastafarian praise, sassy, sexy (and sometimes downright filthy) exhortations along with any number of disses and counter-disses, all delivered in rapid-fire slang-filled Jamaican patois. Some two dozen performers (singers, dancers, rappers, toasters and flag-wavers, many in elaborate costumes) crossed the stage in front of a crowd that swelled close to 30,000. It was 5:58 a.m. when Lady Saw, the first woman to close dancehall night (a giant honour), began her blistering set. My first bleaching.

My second came Friday. Local performers offered everything from roots reggae to contemporary interpretations before appearances by rapper/poet Common (solid) and T.I. (a crowd favourite). By the time Cocoa Tea wrapped things up, the breakfast buffet back at the hotel had long grown cold.

The Saturday card featured Yazz and the big get, Jennifer Hudson. When Beenie Man closed the festival Sunday morning, people were already on their way home from church.

The only thing more impressive than the music was the group of people I encountered. With tens of thousands at the festival, I statistically should have met at least one grump. Nope. Not one. Everyone was insanely friendly. As I staggered towards the press bus, a local asked if I'd had good bleaching. Yes, I had. Three, in fact. He smiled. "See? It's the reggae. Blessings always, mon." *Alan Cross was a guest of the Jamaican Tourist Board*

BEAUTY AND THE BEAST

Emma kidnap plot was a hoax

The world is not such a sad and dark place as previously thought, as a rumoured plot to abduct Emma Watson from the set of Beauty and the Beast turns out to be totally made up.

A taxi driver near the London area film set claims to have overheard two studio employees discussing plans to make off with the actress — and really, can you blame them?

I mean, yes, of course you can, if they actually kidnapped her. But can you blame them for wanting to? You know what, I'm just digging myself a deeper and deeper whole here. Anyway!

"There was a concern about her safety," a source says, but apparently it didn't last very long. A spokesman for the film tells Vogue U.K., "The story was looked into by production and found to be unsubstantiated and untrue."

Well, that's a relief. NED EHRBAR/METRO IN HOLLYWOOD

Emma Watson

Meet The Man From U.N.C.L.E.'s women

LATEST GUY RITCHIE CAPER

Alicia Vikander and Elizabeth Debicki join cast of actioner

You might say Alicia Vikander and Elizabeth Debicki danced their way into The Man From U.N.C.L.E.

Both are former ballerinas who drew on dance backgrounds for their roles in Guy Ritchie's latest action romp.

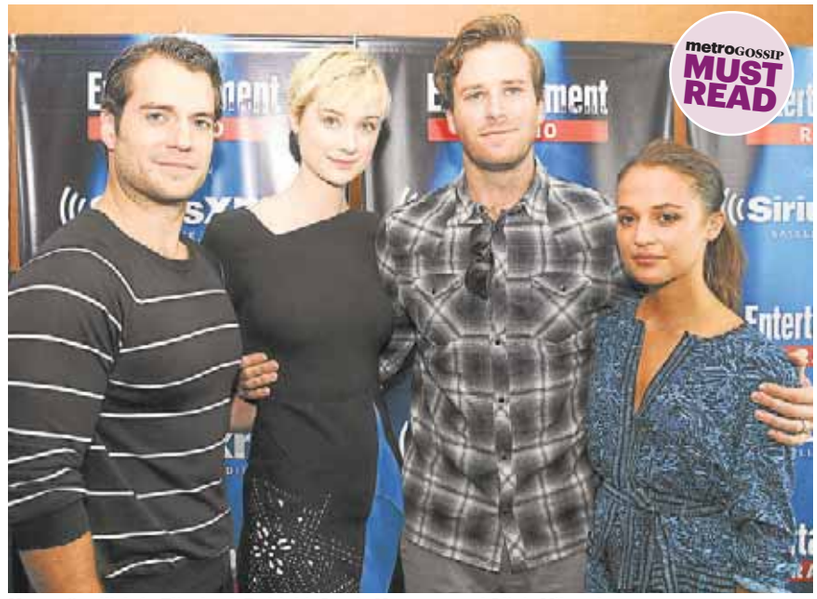
"I know I used it when I was creating my character," Debicki said. "She's a villain, but I always had this idea that she sort of almost floated."

Vikander, 26, and Debicki, 24, star alongside Henry Cavill and Armie Hammer in The Man From U.N.C.L.E., Ritchie's slick take on the beloved 1960s TV series. Vikander is a feisty car mechanic who gets caught up in a caper with a CIA agent Napoleon Solo (Cavill) and KGB operative Illya Kuryakin (Hammer). Debicki is the villainess they're trying to take down.

Both actresses said Ritchie's film set was a collaborative and relaxed environment, though Debicki is convinced "Guy's brain works at a different pace (than) most human beings'."

She and Vikander were both surprised by the final film.

"He cut it in a way that only Guy can, and he added a soundtrack that only Guy could imagine," the French-born Debicki said. "So we both had the same experience when we watched the film, like, 'Oh, that was what we made.'"



Henry Cavill, left, Elizabeth Debicki, Armie Hammer and Alicia Vikander. ALL PHOTOS: GETTY IMAGES

The actresses made their first trip to Comic-Con in San Diego earlier this month to promote the film and Vikander was taken by the enthusiastic fandom.

"That's what I love about this place!" said the actress, who was born in Sweden. "Because everyone is the sweetest. Everyone is walking around with smiles on their faces, and so passionate. Dedicated fans. It's really amazing being here and seeing that."

Asked what kind of convention might lure her across the world, Vikander laughed.

"I'm such a nerd when it comes to interiors, so I would probably go and look at chairs in another country," she said. "But I don't think that a chair convention would be with as much passionate people as Comic-Con."

"I'd be at the refrigerator convention," Debicki joked. "Coming from a dance background, I would probably travel out really far and wide to see a company I really wanted to see. If Pina Bausch's company were in a forest somewhere..."

"I'm there!" Vikander said.

The film opens Aug. 14. THE ASSOCIATED PRESS

GOSSIP NOTES

Andreja Pejic

Meet T-Swizzle's new BFF

Taylor Swift's squad is getting bigger every day and we're starting to feel left out. Where's our invite, Tay? The superstar's latest new friend is none other than Andreja Pejic, a transgender model from Australia. Pejic joined Swift on stage, along with fellow model Lily Donaldson at her Chicago concert over the weekend. We've been into Pejic for a while now and are loving the new BFF treatment she's getting from Swift. It seems like every concert, Swift has a special surprise for her fans. We can't wait to see who she brings on stage next. EMILY LAURENCE/METRO IN NEW YORK

Blake and Miranda split

After years of tabloid gossip, country music's top couple Blake Shelton and Miranda Lambert announced their divorce after four years of marriage. The news was confirmed in a statement Monday to The Associated Press, issued by their representatives. "This is not the future we envisioned," the former couple said. THE ASSOCIATED PRESS

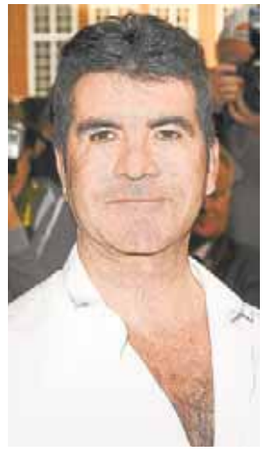
BOY BAND

Cowell tells 1D star Tomlinson to 'man up' over baby drama

Simon Cowell is patting himself on the back for talking One Direction star Louis Tomlinson off the ledge following news he's having a baby with non-girlfriend Briana Jungwirth. "I said to him, 'You man up. You're fortunate because you're in a position to be able to look after the baby and not worry too much about that,'" Cowell boasts in an interview with the Sun. "But I also told him, 'I've received bad calls in my life, but this is not one of them. This is your business, but I'm here for you.'" Thanks?

Also, Cowell certainly has an interesting way of putting a positive spin on things: "He didn't kill anyone. He got someone pregnant," he says.

"It happens every day all over the world. Again, Louis has got great family around him and, look, it's a plus, not a negative."



Music man Simon Cowell

Speaking of bad news, Cowell suggests that this baby situation coupled with Zayn Malik's departure might be just the opportunity the group needs to give it a rest already. Sorry, girls.

"In terms of the band, they've got enough hits now they can take some time off and do some other stuff they want to do," he says. "Then I hope they'll have a little bit of time apart and want to get back together again."

Can I just say that this all seems, I don't know, suspiciously well co-ordinated? NED EHRBAR/METRO IN HOLLYWOOD

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5 WAYS TO LEAVE THE WORLD BEHIND

Suzanne Crocker wanted a lifestyle change, so she did what most would only dare to dream — she went off the grid. For nine months, Crocker and her family moved to the Yukon where they lived without power, running water or Internet. She ended up with a few life lessons and a doc: All The Time In The World. We asked Crocker what we could learn by going off the grid.

STEVE GOW/FOR METRO LIFE@METRONEWS.CA

NO SATURATION

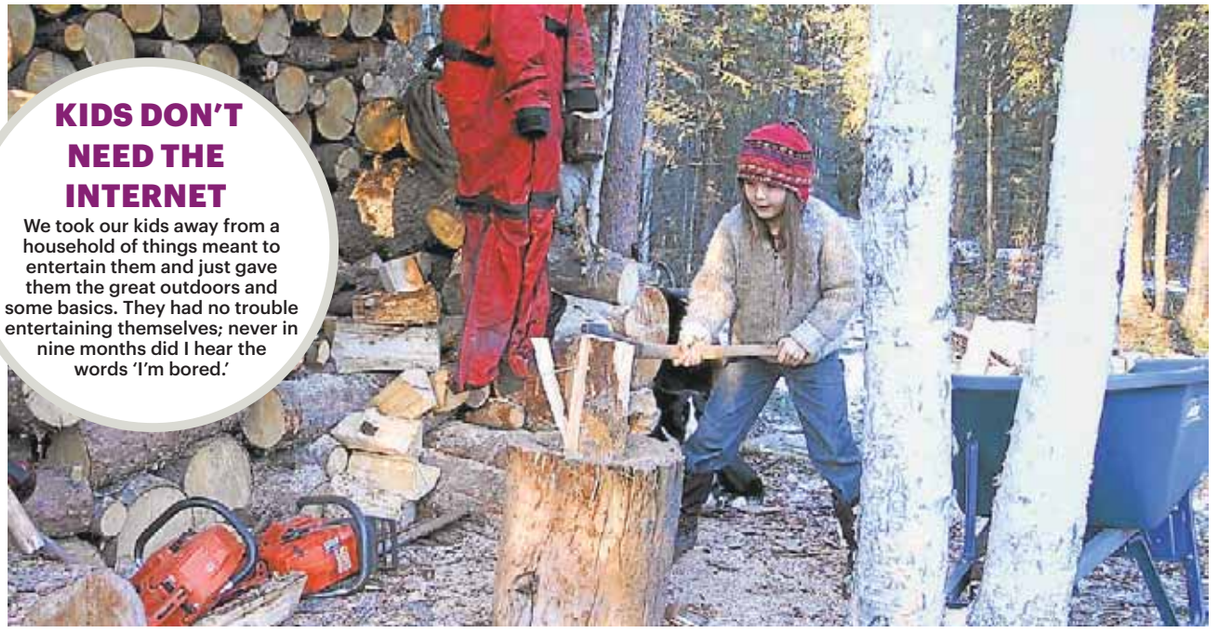
Play together, stay together

I learned so many things about my family — that the kids really couldn't get enough time with us (parents). There seemed to be no saturation point (and) I was impressed by how much laughter and creativity returned to our family.

REJUVENATION

Be yourself again

Being well rested and without a head full of distractions, the best parts of my personality shine — my silliness, my sense of humour, my creativity. By comparison, I realized that in my regular, more distracted and sleep-deprived life, those get buried.



KIDS DON'T NEED THE INTERNET

We took our kids away from a household of things meant to entertain them and just gave them the great outdoors and some basics. They had no trouble entertaining themselves; never in nine months did I hear the words 'I'm bored.'

STEVE GOW'S (THEORETICAL) DAY OFF THE GRID

Not everyone can drop it all for nine months and go off the grid. I couldn't even do it for 24 hours. Instead, I spent an average day noting each sacrifice I'd have made without power and the Internet. Here are just a few of my revelations.

I wouldn't need a clock to wake up early. The dog will do that for me. Without power, there'd be no hot coffee. This would be very tough. To determine the weather, I might have to stare out the window instead of at a TV. My breakfast would be composed of defrosted, cold freezer waffles. I wouldn't be able to watch a viral video of dogs dressed as Minions chasing each other (three times). I get entirely too uptight waiting for elevators. I need to breathe. I should really learn to play Solitaire with actual cards.

OFF THE CLOCK

Time is not on your side

By eliminating the structure of time, we finally felt like we actually had the luxury of time. No longer was I triggered by a clock to tell me when to eat, when to go to bed, when to wake up. Instead we ate when we were hungry, slept when we were tired, awoke when we were rested.

GROUNDEDNESS

Learn what's important

There is this phenomenon that happens when you spend time in nature disconnected from phones and technology — you feel grounded and your priorities seem to naturally fall into place. Spending time with the people you care about the most rises to the top, (and) defining yourself by work and accomplishments moves further down the list of priorities.

AS IF

Book reveals new details of teen cult classic film Clueless

Emily Laurence
Metro

It's been 20 years since Clueless hit theatres, but the movie's clothes, slang and fashion still resonate. To celebrate the anniversary of this iconic teen movie, journalist Jen Chaney rounded up the cast, crew and other crucial Clueless players to spill behind-the-scenes details. All the juicy stories are in her new book As If (out June 7), but we couldn't resist spilling a few here.

Reese Witherspoon almost played Cher. And that's not the only surprising casting consideration. Ben Affleck almost got the role of Josh and Dionne's boyfriend Murray was almost played by Dave Chappelle. Was the casting director buggin' or what?

Another shocker who was almost cast: Angelina Jolie. Yep, she too was considered for the role of Cher, but in the end, Alicia Silverstone beat out everyone.

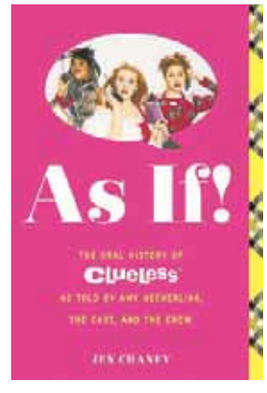
Brittany Murphy, left, Alicia Silverstone and Stacey Dash in Clueless. HANDOUT

The clothing budget wasn't outlandish. What '90s girl didn't envy Cher's closet? But costume designer Mona May didn't want the girls to look like runway models; she wanted them to look like mall rats. Her clothing budget for 63 outfit changes was $200,000, quite modest for a big blockbuster film. One of the few splurges for the film: the plaid Jean Paul Gaultier outfit Cher wore for the first day of school.

Cher's report card has her wrong last name. A close look at Cher's report card says her name is Cher Hamilton, but her teacher Mr. Hall calls her Cher Horowitz in class. The discrepancy is a total mistake due to the fact that in the script, Cher didn't actually have a last name, so when Mr. Hall, played by Wallace Shawn, was handing out tardy slips, he had to improvise and called her Cher Horowitz. The last name stuck, but the report card prop wasn't switched out.

In real life, Brittany Murphy was the virgin who couldn't drive. One of the biggest burns in the movie is when Tai (Brittany Murphy) calls Cher a "virgin who can't drive," after Cher fails her driving test. But on the Clueless Blu-ray release, Murphy says when they filmed it, the dis could be made about her 17-year-old real-life self.

Director Amy Heckerling hasn't completely let go of Brittany Murphy. Murphy's untimely death in 2009 was felt by everyone she worked with in Clueless, many of which share their favourite memories of her in As if.



Heckerling has her own special way of remembering her: "I have Brittany Murphy's silver Doc Martins that she wore to the dance," she says. "They fit me. I just like having a piece of her."

EXERCISE PARTNERS

App pairs you up to get fit

Working out with a friend is a proven way to actually get up off your butt. Making a commitment to each other gives you both a reason to get out of bed, skip the office doughnuts and even use the workout as a chance to strengthen your bond.

The problem is that life happens, leaving you with an apologetic text message while stretching for a five-mile run that suddenly seems a lot longer and lonelier without your workout buddy by your side.

Enter Jaha (the name means "chase"), a new app that makes exercise a more social experience. Your profile goes beyond a standard bio to include fitness-focused stats like stride length, as well as a description of the workout you're looking to partner up for, whether it's running, tennis, cycling or something else. Then, by swiping right or left à la Tinder, you can find a fitness partner.

Jaha has a built-in step counter, which it uses to fine-tune matches based on fitness level. Keep track of your progress and challenge others through the app to spur you on — even if you can't find a partner in real life that day, there's a community of users to keep you motivated.

With Jaha, you'll never have an excuse for not working out because you got stood up. We're sorry/you're welcome.

EVA KISS/METRO NEW YORK

CONTRIBUTED

Three things guys are doing wrong at the gym

HOLD IT! YOU'RE EXERCISING WRONG

Everything you think you know about working out is probably wrong, dude

Matthew Lee
Metro in New York City

Look, man, I'm going to be straight up with you: You're likely doing it wrong at the gym. Take it from me, someone who until pretty recently (last month) didn't know anything (okay, I knew a little) about working out at the gym.

What changed?

I met with Edward Jackowski: personal trainer, founder of Exude fitness in New York City, and author of seven books including Hold It! You're Exercising Wrong. Jackowski, who is a master at what he does, examined me with a single look and explained what workout routine I should be doing based on my body type.

When I explained my current workout routine to Jackowski — a mix of exercises I discovered online and through word of mouth — he told me I was doing everything wrong and that I wasn't alone.

Here are the three most important things I learned to do at the gym (everything you're not doing).

1. FORGETTING ABOUT THEIR CORE

Most men do only two things in the gym: lift weights to bulk up their arms and chest, and intimidate me. This is because men, and humans in general, like to do what they're good at (especially intimidating me).

What they often leave out of their work out is their core, which Jackowski describes as your lower abdomen, upper legs and groin. It's a region most men leave out of their routine.

"Men are good with the crunches, but they're not good with the lower abs," Jackowski told me. It's not just that, however: Men often leave this area as the last part of their routine, or dump it altogether.

"When you work out and you save your abs for the last part of your workout, because you lifted so many weights at the end, you lose motivation because you're tired." And that often leads to an incomplete set, or skipping them altogether, Jackowski explained.

The lesson? Do your core workout immediately after you stretch. Core workouts suck, but it's best to get the worst out of the way first.

2. NOT STRETCHING

More often than not, men aren't stretching at the gym. If they are stretching, there is a decent chance that they're not doing it at the right time. Jackowski explained to me that the best order of operations for exercise isn't to stretch before working out, but to stretch after a proper warm-up.

"By warming up and stretching, you are asking you body for permission: 'May I be aggressive with it?'" Jackowski explained, which is also a great way to avoid injury or strain to your body.

A warm-up can be any mild exercise that gets you nice and lubricated with sweat. Whether it's pedalling on a bike, or jogging on a treadmill until you feel like a human Slip 'N Slide, after seven minutes, you'll be warmed up and ready for a good stretch.

ISTOCK

3. LIFTING TOO MUCH WEIGHT

One of the most intimidating aspects of the gym is the presence of all the gorilla bros lifting small school buses over and over and spewing testosterone like it's no one's business.

But does your fitness routine really require you to lift your first grade class's collective body weight over and over again?

"The reality of the situation is that we don't need to be lifting that much weight to receive the benefit," Jackowski told me, which was a relief for my toothpick arms and weak work ethic.

What Jackowski explained to me is that higher reps with a more moderate amount of weight will help you both burn calories as well as tone the muscles in your body. So if your goal is to look not-hideous when you take your shirt off (that is everyone's goal), then this is honestly the route to take.

HEALTH

Plain packaging for cigarettes gets boost

Ministers from 10 countries gathered in Paris Monday to launch a common drive to introduce plain cigarette packaging with the aim of stubbing out high smoking rates among young people.

Representatives from nations as far afield as New Zealand, Australia, South Africa and Uruguay issued a joint statement saying that "significant scientific proof justified ... plain cigarette packaging."

The ministers said plain packaging had been shown to "reduce the attractiveness of the product for consumers, especially amongst women and young people" as well as increase the effectiveness of health warnings on packets.

Several countries have recently passed legislation to introduce plain cigarette packaging — laws that have met with fierce opposition from the powerful tobacco lobby. AFP

ISTOCK

CHARITY

Ice Bucket Challenge donations fuel research

On the one-year anniversary of the Ice Bucket Challenge, Project ALS has announced that 100 per cent of donations raised through the social media phenomenon have now been used toward research.

Over a six-week period last summer, millions — including Justin Timberlake, Bill Gates and Cristiano Ronaldo — posted videos and over $220 million in donations were generated, says Project ALS. AFP

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metro SPORTS

Pele has been released from a Sao Paulo hospital after successful back surgery

Tuesday, July 21, 2015

Zach Johnson celebrates winning the British Open with members of the public in St. Andrews, Scotland, Monday. JON SUPER/THE ASSOCIATED PRESS

Zach goes on attack in playoff

BRITISH OPEN

Johnson wins claret jug, Spieth finishes tied for fourth

Jordan Spieth's spirited bid for a Grand Slam was stopped Monday by Zach Johnson, who is no longer just a normal guy from Iowa.

Not with a claret jug to go with that green jacket.

Johnson captured his second major — this one at the home of golf — winning the British Open in a playoff over Louis Oosthuizen and Marc Leishman that capped off five wild days at St. Andrews and a suspense-filled final round.

Most eyes were on 21-year-old Spieth. No one ever came closer to the third leg of the Grand Slam.

Spieth fought back from taking four putts for a double bogey on No. 8 with back-to-back birdies. He rolled in a 50-foot birdie putt for a share of the lead with two holes to play. After missing an eight-foot par putt on the 17th hole, he needed a birdie on the closing hole to join the playoff.

"Up and down for a playoff," was the last thing Spieth said to caddie Michael Greller from about 90 yards away. It was too far right and rolled to the edge of the Valley of Sin short of the green, and his birdie attempt up the slope stayed inches left of the cup.

"We gave it a great effort," Spieth said.

He joined Arnold Palmer, Jack Nicklaus and Tiger Woods — the three biggest names in golf over the last half-century — as the only players to capture the Masters and U.S. Open, only to come up short in a quest for the holy grail in golf — all four professional majors in the same year.

Jordan Spieth
GETTY IMAGES

12

Johnson now has two majors among his 12 PGA Tour wins

Johnson won the Masters in 2007 and described himself as just a normal guy from Cedar Rapids, Iowa.

Not any more.

The 39-year-old Johnson now has two majors among his 12 PGA Tour victories, an astounding record and an example that a good wedge game and putter can still go a long way in this era of the long ball. Johnson was in tears when he was interviewed off the green, and he cradled the jug after his acceptance speech.

"I'm grateful. I'm humbled. I'm honoured," Johnson said. "This is the birthplace of the game, and that jug means so much in sports."

On a tense afternoon of shadows and showers on the Old Course, Johnson closed with a 6-under 66 by holing a 30-foot birdie putt on the 18th hole in regulation, and caddie Damon Green strutted and flapped his arms in his celebratory chicken dance.

It was the first British Open playoff since Stewart Cink beat Tom Watson at Turnberry in 2009, and the first involving more than two players since 2002 at Muirfield, the year Woods failed in his bid for the third leg of the slam.

Oosthuizen was a runner-up for the second straight major. He was one shot behind Spieth in the U.S. Open at Chambers Bay.

THE ASSOCIATED PRESS

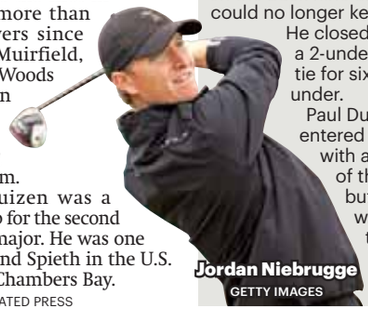
TOP AMATEUR

Jordan Niebrugge had an outside shot at the silver claret jug. He was more than happy to leave St. Andrews with a silver medal.

Niebrugge pulled within three shots of the lead on the back nine until he could no longer keep up.

He closed with a 2-under 70 to tie for sixth at 11 under.

Paul Dunne entered Monday with a share of the lead but closed with a 78 to tie for 30th.



Jordan Niebrugge
GETTY IMAGES

‘Playing for the name on the front’

Former Carleton Ravens star Aaron Doornekamp brings veteran international know-how to the Canadian men’s basketball team. LEO RAMIREZ/AFP/GETTY IMAGES

PAN AM 2015

Canada hoops squad not dwelling on absent stars

At the tender age of 29, Aaron Doornekamp is a grizzled veteran of the men’s Pan Am basketball squad, one of two players born before the Berlin Wall came down.

He first wore the Maple Leaf when the Pan Ams were held in Brazil in 2007, and has since represented his country on six occasions.

“We’ll see if I get upgraded to first class one of these times,” he joked Monday when asked about the miles he’s logged playing for Team Canada.

The six-foot-seven forward from Napanee, Ont., has mingled with his share of Canadian basketball talent.

And even though there’s been much discussion about who isn’t on the 12-man roster — ahem, Andrew Wiggins — Doornekamp said the crew they’ve assembled is ready to mirror the success of the women and make a run for the gold medal.

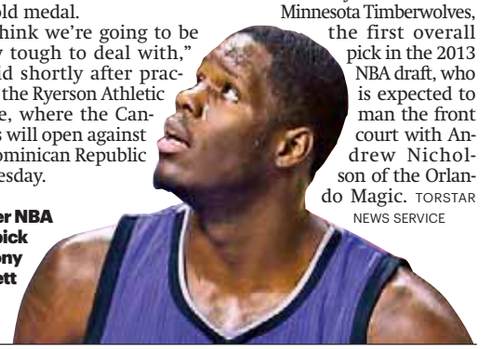
“I think we’re going to be pretty tough to deal with,” he said shortly after practice at the Ryerson Athletic Centre, where the Canadians will open against the Dominican Republic on Tuesday.

“It can be an exciting thing to be able to play at home, and we have to use that energy and that enthusiasm to our advantage.
Jay Triano.

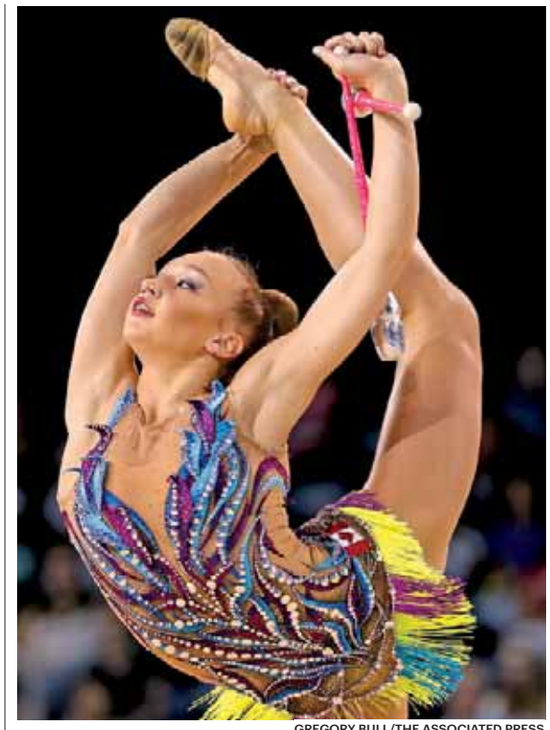
“It doesn’t matter who’s here. We’re here to win... It’s cutting out the name on the back of the jersey and playing for the name on the front.”

The team put together by head coach Jay Triano and Canada Basketball assistant GM Rowan Barrett features Doornekamp and 34-year-old Carl English, but also a core of younger players. Fresh out of high school and suiting up for NCAA powerhouse Kentucky in the fall, 18-year-old Jamal Murray is expected to see significant minutes at point guard, while Dillon Brooks, 19, was a late addition after playing for Canada’s under-19 team at the FIBA world championship in Greece.

The Pan Am team also includes Anthony Bennett of the Minnesota Timberwolves, the first overall pick in the 2013 NBA draft, who is expected to man the front court with Andrew Nicholson of the Orlando Magic. TORSTAR NEWS SERVICE



Former NBA No. 1 pick Anthony Bennett GETTY IMAGES



GREGORY BULL/THE ASSOCIATED PRESS

Games at a glance

Around Toronto. Patricia Bezzoubenko, of Thornhill, Ont., clockwise from top. won a silver medal in rhythmic gymnastics with a score of 15.933. Canada’s women’s handball team (0-2-1) tied Puerto Rico 21-21 in its last preliminary-round game. The Canadians finished tied for third in group A. Jason McClintock of Cambridge, Ont., finished tied for fourth with a result of 3.50/58/11.25 and qualified for the water-skiing final. Maxime Potvin of Quebec City defeated Terrence Jennings of the U.S., 13-11, in the men’s 68kg taekwondo semifinals and was going for gold later Monday. Go to metronews.ca for more results.

CHRIS YOUNG/THE CANADIAN PRESS

MARTA IWANEK/TORSTAR NEWS SERVICE

TRACK AND FIELD

Ready to rock out of the blocks Tuesday

Andre De Grasse will look to build off a productive NCAA track career at the Pan Am Games. GEOFF ROBINS/AFP/GETTY IMAGES

It is seldom that Canada’s track and field athletes get to show their stuff in front of appreciative home audiences and they seem poised to announce their Pan Am Games presence with authority.

The Games meet kicks off Tuesday morning at York University and Canada could begin wracking up medals right off the bat.

Women’s javelin tosser Liz Gleadle, men’s pole vaulter Shawn Barber and women’s 5,000-metre ace Jessica O’Connell headline the opening morning session of the five-day meet that is one of the marquee attractions of the Games.

And the newest track star seemingly destined for greatness, sprint sensation Andre De Grasse runs his 100-metre heat.

The Americans have sent very much a ‘B’ team to Toronto, holding back their best for the worlds while other Pan Am countries aren’t likely able to match Canada’s depth.

So Tuesday morning could be a prime example of Canada’s overall talent coming to the fore. TORSTAR NEWS SERVICE

MARK BLINCH/THE CANADIAN PRESS

Canadian baseball team digs deep for gold, loonie

PAN AM 2015

Lucky coin unearthed upon Sunday's dramatic finish

Canada's Peter Orr, right, reacts after scoring the game-winning run under the tag of United States catcher Thomas Murphy on Sunday in Ajax. JULIO CORTEZ/THE ASSOCIATED PRESS

In a throwback to the "lucky loonie" snuck under the ice at the 2002 Salt Lake City Olympics, Canada's gold-medal-winning men's baseball team buried a loonie in the infield dirt at the Pan Am Ballpark in Ajax.

The coin was put there by hitting coach Stubby Clapp and first baseman Jordan Lennerton on the day of the team's first workout at the field earlier this month.

"We buried it back there for good luck and it came true; it worked," Clapp said.

Canada defeated the U.S. Sunday in a wild, extra-innings walk-off to earn its second straight Pan Am Games gold. The winning run scored when the U.S. made two throwing errors on one play in the bottom of the 10th inning.

"I've never been a part of something like that, under those circumstances, no," Clapp said.

Moments after celebrating the victory at home plate, the Canadian players could be seen running together to a spot in the infield in front of second base, where they appeared to be digging the dirt.

"I put it down deep enough so when the grounds crew guys were working on the field they weren't going to dig it up," Clapp said laughing.

The superstition started at the Salt Lake Games when a Canadian working as part of the official ice crew secretly placed a loonie at centre ice. The Canadian men's and women's hockey teams were among the few who knew of the loonie's existence and both teams went on to win Olympic gold. Since then, a number of Canadian sports teams have hidden a loonie somewhere in the field of play as a lucky charm.

> **"I put it down deep enough so when the grounds crew guys were working on the field they weren't going to dig it up.**
> Stubby Clapp

"Pretty much every international tournament I've been a part of we've always buried a loonie somewhere," Clapp said. "Sometimes behind the mound, sometimes in the base path or something like that. So there are loonies all over the world, because I haven't collected them all. That was the first one I picked up."

Though he had only a brief stint in the big leagues, Clapp is an iconic figure in Canadian baseball. In the 1999 Pan Am Games in Winnipeg, the Windsor native hit a bases-loaded single in extra innings to lead Canada in an upset over the U.S., securing its first semifinal berth. TORSTAR NEWS SERVICE

FIFA

Blatter to remain prez until February

Sepp Blatter had a good day at the office on Monday, even if a prankster tried to spoil it by showering the FIFA president with fake dollar bills at a news conference.

Nothing could spoil Blatter's day after he outwitted some of his FIFA opponents to earn precious extra time as their president and enjoy more such days in 2016.

Mastering FIFA politics yet again, amid calls to step down immediately, Blatter is set to stay atop world soccer for seven more months after FIFA agreed Monday on a Feb. 26 election to replace him. Blatter was in such a good and defiant mood that he quickly shrugged off a chaotic start to his first major public appearance since a stunning resignation statement last month.

Sepp Blatter GETTY IMAGES

A British comedian who gatecrashed the news conference at FIFA's headquarters threw the fake bills in the air after making a spoof statement about supporting North Korea to host the 2026 World Cup.

The image of Blatter cowering under a spray of money was powerful amid ongoing American and Swiss federal investigations of FIFA corruption, yet he regained his poise.

"I just called my late mother," he quipped on returning to the room minutes later, "and she said, 'Don't worry, it's just a lack of education.'"

Still, it made for an uneasy start with international networks and FIFA's own YouTube channel broadcasting the news conference live.

"Where is my security?" Blatter had shouted.

The interruption provided an awkward reminder of a far more serious incident for FIFA in May, when the arrest of soccer and sports marketing officials plunged the game's ruling body into its deepest crisis.

Jolted by the dual criminal investigations into bribery and money laundering, Blatter announced four days after being elected for a fifth term that he would leave FIFA.

"It was not only the pressure of any authorities ... it was also the pressure of political interference and also the pressure of you, media," said Blatter, who is a target of the U.S. investigation. THE ASSOCIATED PRESS

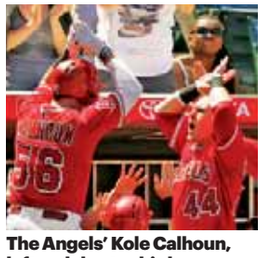
MLB

Angels take Red Sox to the cleaners

Kole Calhoun and Albert Pujols homered during Los Angeles' seven-run second inning, and the Angels opened their first home doubleheader since 2003 with an 11-1 victory over the Boston Red Sox on Monday.

David Freese also hit a three-run homer in the AL West-leading Angels' fourth straight win and their 14th in 17 games overall.

The Red Sox lost their fourth straight. THE ASSOCIATED PRESS



The Angels' Kole Calhoun, left, celebrates his home run with Daniel Robertson on Monday. THE ASSOCIATED PRESS

IN BRIEF

Medlen healthy again, joins Royals bullpen

The Kansas City Royals have reinstated Kris Medlen from the disabled list, putting the right-handed pitcher back in the majors for the first time since his second Tommy John surgery early last year.

Medlen will begin in the Royals' bullpen. Kansas City signed him to a two-year contract in December.

Medlen went 10-1 as a reliever and starter for Atlanta in 2012. THE ASSOCIATED PRESS

MLB

Dodgers' Ellis on DL with knee woes

The Los Angeles Dodgers have placed catcher A.J. Ellis on the 15-day disabled list with right knee inflammation.

The Dodgers recalled rookie catcher Austin Barnes from Triple-A Oklahoma City. Barnes is starting and hitting eighth in Monday night's game against the Atlanta Braves.

The Dodgers needed help at catcher. Yasmani Grandal left Sunday's game after taking a ball off his mask. X-rays were negative.

A.J. Ellis GETTY IMAGES

The 25-year-old Barnes had one hit in five at-bats in his first stint with the Dodgers before he was optioned to Oklahoma City on June 2. THE ASSOCIATED PRESS

Team Sky tumbles down Alps on Stage 16

TOUR DE FRANCE

Froome's 'mate survives scary crash

Two bright-yellow Tour de France arrows attached to a telephone pole were telling Geraint Thomas to veer sharp right.

He rode straight into them.

Roadside spectators on the hairpin bend both froze and scattered as the burly Welshman barrelled toward them. Braking frantically, one shoe unclipped from his pedals, the right-hand man for race leader Chris Froome tried to shave off speed.

No joy.

A spectator's folded plastic chair flew as the racer for Team Sky careened into the pole, shoulder and helmeted-head first. Thomas bounced off it like a tossed rag doll and disappeared over a drop-off into a dark thicket of woods.

At least he finished Stage 16 with his sense of humour intact. Asked if he still remembered his name, Thomas jokingly replied: "Chris Froome."

Had it really been race leader Froome, not Thomas, who crashed on the stage's hair-raising final descent in the foothills of the Alps, their Team Sky bosses wouldn't have seen the funny side.

Surviving the tortuous downhill bends raced at speeds of 70 km/h or more with his body and race lead still in one piece means that Froome now only has four days of climbing to get through before the British rider sips a flute of champagne Sunday on the Champs-Elysees.

Outwitting Peter Sagan, who took heart-in-the-mouth risks on the descent, Spanish rider Ruben Plaza Molina rode triumphantly into the finish at Gap as the solo winner. Crossing the line, Plaza sucked his right thumb as a wink to his young son.

The Lampre-Merida rider reached the top of the stage's last climb with about a minute's lead on Sagan, who rides for Tinkoff-Saxo.

As they both sped down, with Sagan gaining, Plaza's team kept him updated on the time-gap via his earpiece radio.

"That allowed me to go down quickly, but still carefully," Plaza said. "The descent is very, very dangerous."

THE ASSOCIATED PRESS

Great Britain's Chris Froome, wearing the overall leader's yellow jersey, rides in the pack during the 183-km fifteenth stage of the 102nd Tour de France on Monday between Mende and Valence in southern France. ERIC FEFERBERG/AFP/GETTY IMAGES

> **"I'm sure it will take more than a knock to the head to keep him out. He's Welsh. People from Wales are tough.** Team Sky manager Dave Brailsford

NHL IN BRIEF

Leafs hire instructor Briere to coach goaltenders

The Toronto Maple Leafs named Steve Briere the team's goaltending coach on Monday.

Briere has worked as a goalie coach with several junior teams and served as the owner and head instructor of Canadian Professional Goalie Schools.

Toronto also hired Ari Vuori as their director of European scouting.

Vuori served as a European scout with the Detroit Red Wings for eight seasons and with the Los Angeles Kings for 11 seasons. He also held a hockey operations role with TPS of the Finnish Elite League for eight seasons.

THE CANADIAN PRESS

Sather to take his place in rafters with Oiler greats

The Edmonton Oilers will raise a banner at Rexall Place to honour former coach, general manager and executive Glen Sather.

The ceremony will take place Dec. 11 before a game versus the New York Rangers. Sather, who coached the Oilers to four Stanley Cup championships, is currently the Rangers president.

Sather will become the ninth Oiler to be honoured with a banner, joining Al Hamilton, Wayne Gretzky, Jari Kurri, Grant Fuhr, Paul Coffey, Mark Messier, Glenn Anderson and long-time radio broadcaster Rod Phillips.

THE CANADIAN PRESS

NHL

Quebecor enters bid for expansion team

Quebecor Inc. has entered the running for an NHL expansion team.

The media company wrote on its Twitter account that it submitted its "candidacy for the NHL expansion process in order to bring the Nordiques back to Quebec City."

The NHL announced last month it was opening the formal expansion process. The application process began July 6, with the first stage lasting until Monday. Quebec City has not had an NHL team since the Nordiques left became the Colorado Avalanche in 1995.

2017-18

The NHL has said the earliest any expansion would happen is the 2017-18 season.

Quebecor owns the new 18,259-capacity Videotron Arena in Quebec City. It's among several groups that has expressed interest in an expansion franchise, along with Las Vegas, Seattle and others.

THE CANADIAN PRESS

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Prep time: 15 minutes
Serves 6

Ingredients
- 1 cup freshly grated Parmesan cheese (4 oz)
- 4 slices French baguette (1/2-inch thickness), cut into cubes
- 1 Tbsp grated Parmesan cheese
- Salt and pepper
- 4 cups cherry or grape tomatoes, sliced in half
- 1/2 cup diced ripe avocado
- 2 Tbsp lemon juice
- 2 Tbsp olive oil
- 1 tsp Dijon mustard
- 1/2 tsp minced garlic
- 3 Tbsp chopped basil

Directions

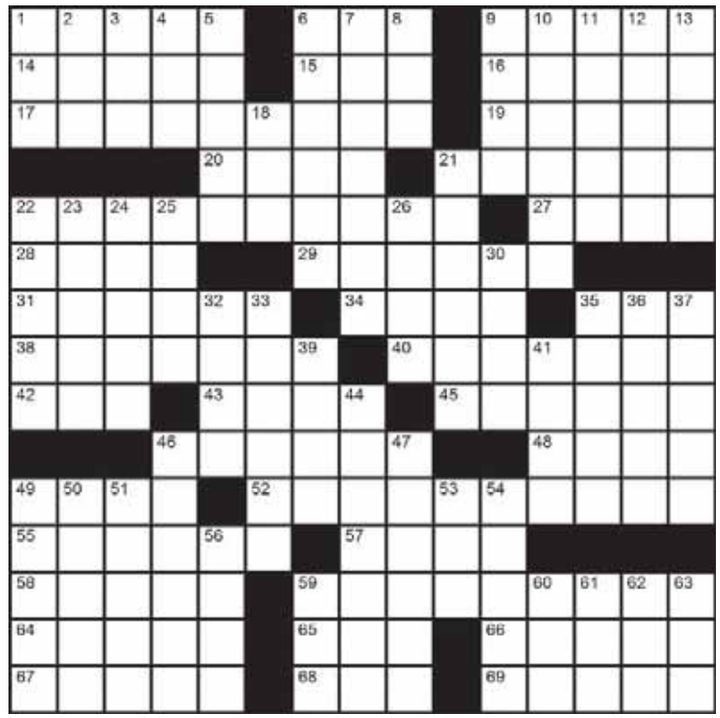
1. To make the Parmesan crisps: Preheat the oven to 375 F. Line a baking sheet with parchment paper. With a 1 Tbsp measuring spoon, place the cheese on a baking sheet, making 12 rounds. Bake for eight minutes.
2. At the same time, place baguette cubes on small baking sheet lined with foil. Spray with vegetable oil and sprinkle with 1 Tbsp Parmesan cheese and salt and pepper. Bake for eight minutes or until toasted.
3. Place tomatoes and avocado on serving platter. Combine ingredients for dressing and pour over top. Garnish with baguette croutons and Parmesan crisps.

Nutrition per serving
- Calories 180
- Carbohydrates 4 g
- Total fat 12 g
- Sodium 350 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Earthquake! San Andreas _
6. Owl's question?
9. White-plumed heron
14. Spelled-out "Star Wars" (1977) character, _-Detoo
15. Diving bird
16. Sincerely
17. Musee des _-_ de Montreal
19. Preps teeth for fillings
20. "Canadian _" (Talent show Ben Mulroney hosted)
21. Gilligan's building material on the Island
22. 1979 Rupert Holmes hit: "Escape (The _ _ Song)"
27. History Channel's "_ Stars"
28. Adam and Eve's grandson
29. Harps on
31. Even though
34. _ _ date (Book the chapel)
35. 'Violin' suffix
38. _ Park (Amusement park near Calgary)
40. Pepper stuffed into an olive
42. Iris locale
43. Expanse
45. Milk container
46. Lord's Prayer part: "..._ _ _ in heaven."
48. Cast-_ pan
49. Glow
52. Emergency exit stairway: 2 wds.
55. Immerse
57. Move like a river
58. Rome's home
59. _ Museum (Heritage attraction in Winnipeg which was the home of Sir Hugh John Macdonald (son of our first Prime Minister) who was briefly the Premier of Manitoba
64. "When pigs fly!"
65. Miner's find
66. Kitchen gadget
67. The Shopping Channel host Ms. Culliford
68. Mal de _ (Seasickness)
69. Impulsive

DOWN
1. The _ Four (The Beatles)
2. Queen's "We _ the Champions"
3. Stage actress Ms. Hagen
4. Mr. Diamond Phillips
5. Britney Spears hit
6. "Ghostbusters" (1984) star Mr. Ramis
7. Wanted Poster fugitives
8. Sanctions
9. Sicilian volcano
10. Grouches
11. Dance style
12. _ macaroni
13. Model/actor Mr. Beckford
18. Brouhaha
21. Sea in Europe; or, Monopoly board avenue
22. Alberta's _ River
23. Mosaic component
24. Aristocratic
25. "...or to take arms against _ _ of troubles..." - Hamlet
26. Shallow's opposite
30. The Dalai _
32. Stevie Wonder's "_ _ Made to Love Her"
33. Duty
35. The 'I' in IV
36. Brownstone stairway
37. Large weight unit
39. Himalayas hairy humanoid
41. Country singer Mr. Church
44. Price paid by a plane's passenger
46. Protector-from-harm charm
47. Vendor
49. Human _
50. Door sign
51. Tequila plant source
53. Long time
54. _ of fabric
56. Constellation for the star Vega
59. Suffix with 'Free'
60. Canadian choo-choo company
61. First aid team, e.g.
62. Soak flax
63. Blue Rodeo hit

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
There is a danger today that you will convince yourself that you can master something that does not come easy to you. It won't do much for your ego if and when it goes wrong.

Taurus April 21 - May 21
Your confidence may be sky-high but you are advised not to take too much for granted. What you gain over the next 24 hours could easily be lost through over-confidence later.

Gemini May 22 - June 21
If you are going to criticize someone today make sure you stick to the facts. If you exaggerate your complaints they will, quite rightly, complain that you are getting personal. It might be best to say nothing at all.

Cancer June 22 - July 23
You need to keep things simple over the next few days. Some things are important but most things are not, so go easy on yourself.

Leo July 24 - Aug. 23
You will need to keep your wits about you today, especially when dealing with money. It is unlikely that anyone is trying to cheat you intentionally but you cannot be too careful.

Virgo Aug. 24 - Sept. 23
If you tackle problems one at a time today you will get through the day with no trouble at all. But if you tackle them all in one go you will confuse yourself to such an extent that nothing worth doing is likely to get finished.

Libra Sept. 24 - Oct. 23
You are entitled to your beliefs and opinions. You are certainly under no obligation to submit to cross examination from people whose perspective on life is the opposite of your own.

Scorpio Oct. 24 - Nov. 22
Let your thoughts roam free today. If there are no limits to what you can imagine there will be no limits to what you can achieve, creatively or romantically. What is possible? Anything.

Sagittarius Nov. 23 - Dec. 21
Whatever challenges you face over the next few days you will tackle with ease. Your confidence is so high that even those above you on the ladder of success will ask you for advice.

Capricorn Dec. 22 - Jan. 20
You may be on a tight schedule but you still need to make time for people who depend on you for support. What you do for them now they will do for you tenfold in the future.

Aquarius Jan. 21 - Feb. 19
Don't be afraid to voice your point of view, even if it is seriously at odds with what majority opinion believes. It's not about quantity, it's about quality, and your arguments are on a much higher level than most.

Pisces
Feb. 20 - March 20
Someone you are fond of will please you today but someone else will annoy you. Your mood will depend on how you choose to react.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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